Every function of the body and mind is dependent upon water for proper functioning. Experts believe that **70-80% of the American population is chronically dehydrated!**

Some people believe that any liquid drink can be a replacement for drinking water. Not so! In fact, many fluids actually dehydrate the body; dehydrating liquids include caffeine drinks and alcoholic beverages.

Dehydration is the most overlooked health malady by both traditional and alternative medicine.

Water is to your body what oil and gasoline is to your car engine!

SOME OF THE BENEFITS PEOPLE EXPERIENCE

- reduced rate of aging
- reduced body toxins
- reduced joint pain
- reduced fibromyalgia symptoms
- reduced heartburn
- reduced headaches naturally

- reduced constipation
- reduced asthma symptoms
- improved digestion
- improved energy
- improved weight control
- improved thinking ability

A FEW WATER BASICS

The water molecule naturally forms into a group of 13 molecules, called a cluster. When this cluster connects to other molecular substances it becomes a bound macro-molecule (bigger and heavier.) The size of this bound macro-molecule can make it very difficult for the water molecule to transit through the body. It is especially difficult for the water macro-molecule to enter the cells of the body via the aqua poren (doorways of the cells.) Water is needed by the cell internally to have oxygen and nutrients delivered to it. Also, the cell requires water to remove the toxins from within.

MicroH20 provides the body with the micro water molecular clusters that are highly mobile, clean of pollutants and resonate very efficiently.

WATER AND THE AGING PROCESS

When we are infants our body-water is pristine. It is pure, clean and not bound by particulate matter of air pollution, toxins, drugs, free radicals or protein metabolic wastes. The more polluted our internal environment becomes, the increasing amount of bound body-water there is. This bound body-water results in a slowing down of the metabolism. This contributes to the aging process.

Dr. Lee Lorenzen is an internationally known biochemist. In brief, he explains that the decline in metabolic function efficiency results in aging. The decrease in metabolic efficiency, dehydration of cells, and slowing down of biological functions may actually be more a function of the loss of our micro-clustered water than age and time.

Water is the elixir of all life! Drink to your health!