

Digest Spectrum

Complete Support for Food Sensitivities*

ENZYMEDICA®
The Enzyme Experts

Food sensitivities and intolerances are common. Even individuals who maintain a healthy diet experience difficulty with digestion from time to time. Foods containing gluten, casein, dairy lactose and phenols are frequent triggers for both adults and children. Digest Spectrum™ offers complete support for individuals with multiple sensitivities delivered in a single capsule dose.

The Problem

Food sensitivities (or intolerances) consist of an adverse reaction, sometimes delayed, to a food or compound found in food which is often the result of an enzyme deficiency. Enzyme deficiencies not only prevent the complete digestion of specific compounds commonly found in food groups, but also results in the symptoms associated with food intolerance. Lacking the required enzymes for digestion also contributes to an inability to properly digest the nutrients in these food groups.

The symptoms of food intolerance usually affect the gastrointestinal tract, respiratory tract, and the skin. Symptoms most commonly observed with food intolerance consist of nausea, constipation, gas, diarrhea, skin rash or hives, mucus production, congestion and cough.

Enzymes Provide Support

Our body uses enzymes to enhance digestion and turn the food we eat into energy. Produced throughout the digestive tract and available from raw foods and supplements, these enzymes include: amylase for carbohydrates, lipase for fats, protease for proteins, and cellulase for fiber. Like tiny shears, enzymes help break down the foods we eat leaving particles small enough to provide nutrition to the cells after they enter the bloodstream. In addition to aiding digestion, some enzymes provide additional support to the body by eliminating harmful toxins and by-products.

Food Intolerance: A Common Sign of Impaired Digestion

Poor food choices, constipation and various health challenges can lead to impaired digestion, a widespread cause of food sensitivity. "Undigested food particles in the intestine can irritate and potentially damage the bowel wall," shares Ellen Cutler, M.D., whose Mill Valley, California practice caters to patients with digestive distress. "Given time, this irritation may reduce our digestive capacity and influence the absorption process."

Dr. Cutler has over 20 years of clinical experience treating digestion and allergy-related conditions, and is the author of the best-selling book, *MicroMiracles: Discover the Healing Power of Enzymes*.

"Taking a daily enzyme supplement can create the foundation of a healthy digestive process," continues Cutler. "A product containing a full spectrum blend of all four key enzymes is considered an ideal digestive aid."

Digest Spectrum™ combines multiple strains of amylase, protease, lipase and cellulase with specialized enzymes for gluten, phenol, dairy and casein digestion to provide a complete solution for children and adults dealing with multiple food sensitivities.

Use in Combination with Special Diets

Reducing or eliminating the foods which trigger digestive problems is a key part of managing food sensitivities. While special diets are helpful to those with impaired digestion, dietary modification used in combination with enzyme supplementation provides peace of mind and complete spectrum digestive support.

Digest Spectrum™ contains no corn, rice, soy, potato, gluten, casein or sugar, making it an ideal choice for children and adults with multiple dietary sensitivities.



Supplement Facts

Serving Size: 2 Capsules		
Amount Per Serving		%DV
Amylase Thera-blend™	14,000 DU	*
Lipase Thera-blend™	800 FCCFP	*
Cellulase Thera-blend™	400 CU	*
Invertase	150 SU	*
Lactase	2,000 ALU	*
Maltase	200 DP	*
Glucoamylase	40 AGU	*
Alpha Galactosidase	600 GalU	*
Xylanase	20,000 XU	*
Protease Thera-blend™	98,000 HUT	*
DPP-IV	1,400 DPPU	*
Phytase/Pectinase	50 Endo-PGU	*
Hemicellulase	50 HCU	*
* Daily Value not established		



30 count



90 count

- **Complete support for individuals with multiple dietary sensitivities, including gluten, casein, dairy lactose, and phenols**
- **Full spectrum digestive support for carbohydrates, proteins, fats, and fiber**
- **May be used in combination with special diets**
- **Contains no fillers (corn, rice, soy, potato, gluten, casein, sugar)**
- **Single capsule dose**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.