

Our 24th Year!

the CUTTINGEDGE catalog™

The Best Products For A Healthy Lifestyle!



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Mailing Address:
P.O. Box 4158
Santa Fe, NM 87502
Showroom:
3201 Richards Lane
Orders: (800) 497-9516
Information: (505) 982-2688
Fax: (505) 982-3194
E-mail: cutcat@cutcat.com
Website: www.cutcat.com

What's New

Welcome to our 2015-16 catalog! We've spent the past year looking for ways to make your life healthier. Our group of best-selling items hasn't changed, but we've added new products that we think you'll love. Here's a glimpse of the new and noteworthy:

Water Filtration: PuroSmart (page 1), the only portable reverse osmosis filter on the market, attaches to your faucet, eliminating the slow filtration process required with under-sink RO systems. **LifeStraw** (page 4) travel filters are perfect for camping and for water emergencies. We've also grouped all of our travel and "emergency prep" filters together to make it easier for you to choose the best one for your needs. **Aquasana Shower Filters** now have a **chloramine-removal option** to eliminate this ammonia-based toxin, which is becoming more common in large metropolitan areas (page 5). **Pristina Concentrate** (page 6) makes hexagonal water for better hydration.

pH Products: Our new brand of pH

Meters, HM Meters (page 7), is more economically priced and easier to calibrate than previous models.

Air Purification: Virus Zero has added a wall-mount air purifier in two sizes for germicidal protection in the home (page 8). The **Fresh Fridge refrigerator purifier** reduces spoilage and helps food last longer (page 10). **Fitseal Masks** (page 10) keep out viruses and bacteria. **Electromagnetic Field Protection: Our new Radio Frequency Meter** (page 12), introduced by customer request, gauges emissions from RFs such as smart meters, Wi-Fi and cordless phones. The book **Overpowered** and the DVDs **Take Back Your Power** and **Evidence of Harm** (page 13) are full of new information about EMF and RF sources and dangers. Also check out the **Orgone Pendant** (page 14) to wear anywhere for easing the effects of EMFS, **RF Shielding Foil** for radio-frequency protection (page 15), **Clarus Clear** for cell phones and iPads (page 15), and the **Defender Pad** for protecting against your laptop's EMFs (page 16). **Total Shield EMF devices** now offer protection against HAARP, high-frequency waves used by the military (page 14); and a new book addresses HAARP as well as chemtrails, and connects these two technologies (page 36).

Vision Therapy: The Secret of Perfect Vision and **Improve Your Eyesight Naturally** (page 25) will get you on your way to seeing better than you ever thought possible!

Supplements and Personal Care: African Red Rooibos Tea (page 26) is a superb antioxidant that also tastes good. **Vibrant & Clear Wafers** increase your energy, while **Supplement Boost Spray** provides an easy way to consume trace minerals (both on page 28). **Elmore Oil Pain Formula** (page 30) gives you fast, long-lasting pain relief, and the **Himalayan Salt Inhaler** (page 31) eases allergies, asthma and other breathing problems. The **Sunfriend Sunlight Monitor** wristband actually tracks your time in the sun and tells you when you've reached your maximum exposure (page 31).

General Wellness: New from Therasage far-infrared healing pads: a shoulder and neck pad (page 32), a portable sauna with tourmaline (page 32), and Pet Pads (page 35). Also for pets, **Shuzi Dog and Cat Collars** ease EMF-related stress.

Although we'd love to put every product in our catalog, there simply isn't room.

So be sure to check www.cutcat.com for more items, more detailed product information and research studies. We continually add merchandise during the year, so visit our site regularly to see what's new. We also have closeout merchandise and rare books online. Visit our **Alibris bookstore** for more books: alibris.com/stores/cutcat12.

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Our Mission

Our catalog is devoted to products that are on the cutting edge of technology and that, when integrated, provide a holistic approach to keeping the body healthy. We believe that reducing environmental stress is one of the most important factors in keeping the immune system fit and maintaining overall good health. Many people who are concerned with their health take the approach that nutrition and exercise are the only roads that lead to well-being. Although these are certainly important elements, much more has to be done to combat the day-to-day assaults on our immune system. Critical areas include the light that enters our eyes and skin, the water we drink and the air we breathe. Also important are the problems associated with electromagnetic fields, such as radiation emitted from all devices that use electricity (TVs, computers, etc.), geopathic stress zones (vibrations from earth waves or underground water) and radio frequencies. We strive to stay up to date with the newest and highest-quality products that effectively handle problems in all of these areas. We also offer other items that are unique and compatible with our integrated approach to well being.



Jules Klapper
President



Very few areas of the country have a pristine water supply. In large cities and even in many small towns, water quality is a major problem that needs to be addressed. Our wide range of filters includes high-end products in each of the three major categories: carbon-based, distillation and reverse osmosis. Choose from a variety of styles, including countertop, under-sink and portable. Whole-house systems are offered for those who want filtered water throughout the home. We also carry the best shower filters to remove chlorine and chemicals. If you want details about what's in your water, consider purchasing a water analysis kit (see page 11).

PuroSmart Portable RO Filter

The only small and portable RO filter on the market! Until now, reverse osmosis filters were available only in large units that had to sit on a countertop or be installed under the sink. PuroSmart is a compact and easy system that attaches to the kitchen faucet. Don't let the small size fool you—PuroSmart makes 15 gallons of water a day! **Faucet-mount model** hangs directly from the faucet; **countertop-mount** sits in the included stand and connects to faucet with longer tubing. RO filters substantially reduce chlorine, dirt, heavy metals, chemicals, fluoride and parasites. Replace the carbon-block filter every three months and the RO membrane once a year. Measures 8.25" long, weighs 1 lb. 3 oz. **Optional TDS Meter** measures total dissolved solids, which confirms that your machine is working to full capacity and helps you monitor when filters need changing.



PuroSmart Counter Mount (left) and Faucet Mount

NEW!

PuroSmart Faucet Mount Filter: List Price \$99.95, OUR PRICE \$89.95
Counter-Mount Filter: List Price \$125, OUR PRICE \$110.95

Carbon Refill (Pack of 3): \$19.95

Replacement Membrane: \$44.99

TDS Meter: With filter purchase, \$20; \$25 separately

Aquaspace Water Filters

With specially treated carbons adapted from NASA's space-shuttle technology, these kitchen units come in six models—including energizing units with magnets and an alkalinizing option. All of the Aquaspace Aquarius kitchen filters use two high-quality



cartridges: a Doulton ceramic (filters down to .2 microns) with granular activated carbon (replace every two years), plus the patented, one-micron Aquaspace compound for additional filtration (lasts for one year). This powerful combo substantially reduces chlorine, chemicals, dirt and sediment, lead, pesticides, parasites and most bacteria. Options include a



Optional dual-diverter faucet switches between regular and alkaline water.

third filter for **fluoride and arsenic removal** (replace every six months); and an **alkalinizing cartridge** (lasts one year) that rests on top of the filter and is more suitable for use with an under-sink unit. (Special faucet lets you switch between alkaline and non-alkaline water; see pricing below.) Alkalinizing cartridge raises pH to between 9 and 10 depending on water source. Each model is available with Aquaspace's powerful Aquatomic neodymium magnets, increasing your cells' water absorption and hydrating you more quickly. Countertop units have a diverter valve that lets you switch between filtered and non-filtered water. Under-sink units include chrome faucet and installation hardware. Twin units measure 9"W x 5½"D x 12"H; triples measure 15"W x 4½"D x 12"H. (Shipping: \$25)

Twin: CT \$249.95, UC \$325.95 Twin With Magnets: CT \$299.95, UC \$375.95

Triple (Adds Fluoride Removal): CT \$359.95, UC \$439.95

Triple With Magnets: CT \$409.95, UC \$489.95

Alkalinizing "Aqua Ion" Cartridge: \$99.95

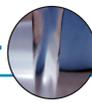
Faucet for Under-Sink Unit With Alkalinizing Option: \$80 (If upgrading from an existing under-sink unit, \$179.95)

Aquaspace Compound Refill: \$55.95 Aquaspace Doulton Refill: \$69.95

Fluoride Refill (Set of 2): \$79.95

Which Water Product Do I Need?

- For chlorine, other chemicals and heavy metals: Aquaspace (this page).
- Contaminant removal plus water energizing: Aquaspace with magnets.
- Fluoride removal: Aquaspace with fluoride option, reverse osmosis filter (this page and page 2), or a distiller (page 2).
- Viruses and bacteria: Reverse osmosis or distillation. Aquaspace filters (kitchen models only) also work on many forms of bacteria. "Emergency prep" filters on page 4 are designed for virus and bacteria removal.
- Parasites: Reverse osmosis, distillation, Aquaspace kitchen filters and emergency filters.
- Whole-house filtration: Aquaspace and Aquasana systems (see our Website, cutcat.com).
- Energizing only: Vitalizer Plus, Stirwand, Aquatomic Energizers, Pristina concentrate (page 6). See our Website for more water filters and energizers.



Waterwise Countertop Distillers

The purity of distillation with machines that are as easy to use as a coffee maker! Distillers work by heating water to the boiling



Waterwise models 4000 (top) and 9000



point (212 degrees), creating steam that cools and then condenses back into water. Up to 99% of contaminants are left behind in the boiling tank. These countertop units work on fluoride, heavy metals,

chemicals, bacteria, parasites and viruses. All include carbon post-filter for chlorine and other volatile-chemical removal. (Replace carbon every two months.) Holistic healing centers, including the Gerson Institute and the Kushi Institute, recommend distillers for people with specific health challenges. Three styles:



Waterwise model 8800; electronic display



Model 4000: The most compact of the three units, this distiller is popular with Peace Corps volunteers around the world. Combo boiler tank/carafe measures 9" x 15". Comes with 1-gallon glass collector bottle with lid and handle, and two carbon filter cups. Makes 6 gallons of water in 24 hours, with auto shutoff after each 1-gallon cycle. Weighs 10 lbs.

Model 9000: One-gallon polycarbonate bottle with spigot fits under boiler tank and can be removed to store in fridge. Makes 5 gallons of water in 24 hours and features auto shutoff after each one-gallon cycle. Measures 9.5"W x 16"D x 15"H; weighs 10 lbs.

Model 8800: Features programmable startup so you can distill water overnight for use in the morning, or run it while you're out for the day. Dripless stop-and-serve feature; electronic display lets you know time of day and when to change the filter. Consists of tank and 1-gallon polycarbonate collector/storage carafe. Makes 6 gallons of water in 24 hours. Measures 15.4"W x 10½"D x 15"H; weighs 14 lbs. **(Shipping: \$32) See page 4 for non-electric unit; see our Website for larger distillers with 3-, 8- and 12-gallon capacities.**

Model 4000: List Price \$379, OUR PRICE \$300

Model 9000: List Price \$489, OUR PRICE \$399

Model 8800: List Price \$499, OUR PRICE \$399

Carbon Refills (set of 6): #4000 \$38, #9000 \$45, #8800 \$36

Aquaspace Carafe

Clean your water without faucet hookups! The Aquaspace carafe is ideal for the office, if you want to try this brand before buying a larger unit, or if you don't have room for a faucet filter. Patented filtration reduces chlorine, chemicals, bad taste, dirt and sediment; plus optional fluoride removal and alkalization cartridges. Alkaline media raises pH up to 9.0, depending on water source. All filter cartridges fit the carafe, so you can



Carafe refill

change the type of refill any time to meet your changing needs. Standard filter lasts for 500 gallons, or one year (whichever comes first); filter that adds fluoride removal lasts for 250 gallons or six months; filter with all three media lasts 125 gallons or three months. Clear polycarbonate with lid. Holds 60 ounces (almost a half-gallon).

Standard Carafe, \$59.95

With Fluoride Removal, \$64.95

With Fluoride Removal & Alkalizing Media, \$75.95

AQUASPACE CARAFE REFILLS:

Standard Refill, \$38.95

With Fluoride Removal, \$43.95

With Fluoride Removal & Alkalizing Media, \$55.95

Aquaspace whole-house filters, including fluoride-removing models, are on our Website, www.cutcat.com.

Water Factory RO Filter

List Price \$825, OUR PRICE \$599

Get rid of a high percentage of contaminants with this reverse

osmosis system. Substantially reduces chlorine, fluoride, dirt, heavy metals (including arsenic), chemicals and parasites. Under-counter unit has three filters: sediment pre-filter, granular carbon pre-filter and carbon block post-filter, plus an RO membrane. Makes 22–23



gallons of water per

day, depending on your water quality and pressure. Takes about 4 hours to fill the 2.5-gallon tank. Measures 17"W x 16"H x 4½"D; holding tank is 19"H x 9"W. Features simple twist-and-pull filters that make changing a no-fuss task; comes with faucet and hardware. Filters last about a year; membrane 3–5 years.

10-year warranty on housing and tank. **(Shipping: \$30)**

Refill Kit (3 Filters): List Price \$157, OUR PRICE \$140

RO Membrane: List Price \$270, OUR PRICE \$225

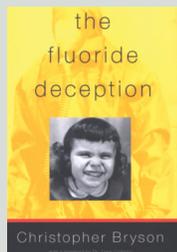


Are you currently buying bottled water? Although what people spend annually varies based on the type of water they buy, how much water they drink, and whether they use bottled water for cooking, the amount can easily total several hundred dollars a year—which means the typical water filter will pay for itself in one year.



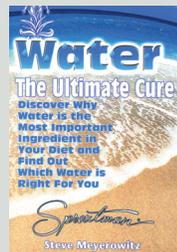


Books About Water

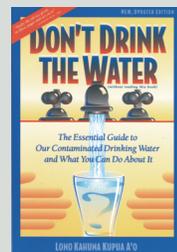


The Fluoride Deception
List Price \$22.95, OUR PRICE \$17.95
 By Christopher Bryson
 This exposé unearths the mystery of how and why this poisonous substance and environmental pollutant was added to our drinking water and toothpaste. Award-winning reporter Christopher Bryson,

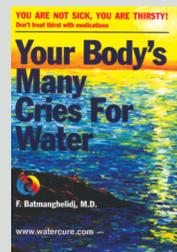
who had access to information unavailable to other writers, chronicles the abuses of power and the creation of government-sponsored propaganda that led to fluoride's widespread use. The book reveals how a secretive group of powerful industries collaborated with officials from the National Institute of Dental Research to put a positive spin on fluoride's image. (374 pages)



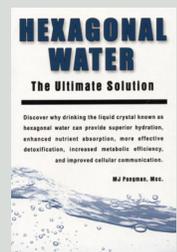
Water: The Ultimate Cure \$7.95
 By Steve Meyerowitz
 Discover why your water drinking habits may be contributing to your health problems, and learn which type of water is right for you. Covers water pollutants, when and how much to drink, different types of filters and bottled waters. (82 pages)



Don't Drink The Water \$11.95
 By Lono Kahuna Kupua A'o
 Second edition covers the types of contaminants in public water supplies, pros and cons of different types of filters, and what to look for when you buy a filter. (97 pages)

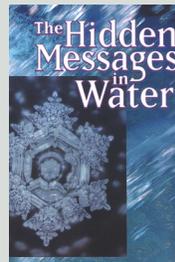


Your Body's Many Cries For Water
List Price \$14.95, OUR PRICE \$10.95
 By Fereydoon Batmanghelidj, MD
 Explains how chronic dehydration is a common cause of many illnesses, and how drinking the right quantity of water can resolve many of these problems. Includes research and case histories. Revised second edition. (186 pages)



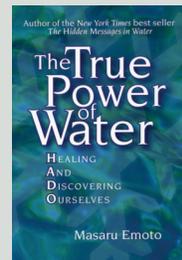
Hexagonal Water \$7.95
 By M.J. Pangman
 If you want to understand what products like the Vitalizer (page 6) can do, this booklet is for you. It explains the properties of hexagonal water, how and why it works, the benefits of drinking it, and methods of making it. Includes consumer testimonials. (55 pages)

The Hidden Messages In Water
List Price \$17.95, OUR PRICE \$13.95
Companion DVD: List Price \$20, OUR PRICE \$16



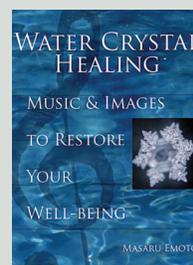
By Dr. Masaru Emoto
 Scientist Masaru Emoto describes his groundbreaking research, including high-speed photos showing that water crystals change shape when exposed to speech, music, pictures and even the written word. Positive words and images form symmetrical and beautiful patterns (similar to snowflakes), while negative speech results in crystals that are dull and distorted. (160 pages) *Companion DVD* is a presentation given by Dr. Emoto in April 2004 in Portland, Oregon. Japanese with simultaneous English translation. (2 hours)

The True Power Of Water
List Price \$17.95, OUR PRICE \$13.95
Companion DVD: List Price \$20, OUR PRICE \$16
 By Dr. Masaru Emoto



Dr. Emoto's follow-up to *Hidden Messages in Water* explains how he has used his energized water to treat health conditions. Also included are more of his spectacular photos of water that has been exposed to positive and negative energies, and lists of foods that have an energetic effect on the body. (169 pages)

Companion DVD of Dr. Emoto's 2005 lecture in Ashland, Oregon, includes information from the book as well as a discussion on how music can affect water (a subject he investigates further in *Water Crystal Healing*, below). Japanese with simultaneous English translation. (2 hours)



Water Crystal Healing
(Book plus CDs)
List Price \$29.95, OUR PRICE \$22.95
 By Dr. Masaru Emoto

This book-and-CD set will show you how music can influence water and how it can affect the body. Pioneering scientist Masaru Emoto exposed water to classical music and photographed the crystals. He developed a system to measure the energy of these photographs, and he assigned physical and emotional healing properties to each piece of music based on the energy. The book describes each musical selection and its healing energies, and shows a photo of the corresponding water crystal. CDs contain 15 classical music tracks. (Hardcover, 52 pages, plus 2 CDs)

We have an online bookstore on Alibris, the Internet's largest independently owned and operated book marketplace; many of the books are half price. Go to alibris.com/stores/cutcat12.

Water Filtration & Treatment



Have you ever thought about what would happen if you didn't have access to clean drinking water? Disasters such as earthquakes, power outages, hurricanes and tornadoes can affect the water supply. These filters are all designed for situations where potable water isn't available. Whether you're a "prepper" or whether you just want a backup system, we have filters that will do the job. We're also introducing the LifeStraw, ideal for camping and hiking as well as emergencies.

LifeStraw

You'll never have to worry about getting clean drinking water with this small, ingeniously designed filter! Ideal for hiking and camping, emergency preparedness and survival situations, the portable LifeStraw makes contaminated river, stream and other surface water safe to drink. Lasts for 264 gallons or one

NEW!



year of regular use, and removes at least 99.9999 percent of waterborne bacteria and at least 99.9 percent of protozoan cysts, using a hollow-fiber microfiltration membrane. Also reduces turbidity (muddiness) by filtering particulate matter larger than 0.2 microns. No filtering work for you to do: Just sip through the straw! Individual filter weighs only two ounces; comes with mouthpiece cap and lanyard. BPA-free bottle filter holds 23 ounces and features flip-top spout and carabiner. LifeStraws have been distributed in many international disasters and public-health campaigns. (Note: Not suitable for tap water.) **This filter was featured on the Discovery Channel's reality show "Survivorman"!**
LifeStraw: \$19.95 LifeStraw "Go" Bottle: \$34.95



CWR Gravity-Feed Filters

You can make large quantities of pure H₂O with this high-volume unit. Simply pour in water and it drips down into the chamber. UltraGrav ceramic cartridges significantly decrease chlorine, chemicals, sediment, and—most important when you are using surface water—parasites and bacteria. Patented Metalgon



Polypropylene Model (top); Stainless Unit With 4 Filters



media even removes toxic heavy metals and fluoride, a feature that standard ceramics don't have! For maximum filtration, polypropylene model fits up to five filters and stainless up to four, but they can be ordered with two filters. Two cartridges output a half-gallon per hour and last for 1,200 gallons. Also available with upgraded Imperial, a larger cartridge with 54 percent more surface area for greater performance. Poly measures 11¼"W x 28½"H; collapses down to 16¾" for easy storage. Stainless is 19¼"H x 8¼"W; collapses to 13¼."

Poly 2-Filter Standard: \$189, 4-Filter Standard: \$279

Poly 2-Filter Imperial: \$219, 4-Filter Imperial: \$325
Stainless 2-Filter: \$299, Stainless 4-Filter: \$369
Refill Filters: Standard \$49, Imperial \$69

Befit Travel Filters

Instead of buying bottled water when you travel, just use this disposable, maintenance-free filter! Rubber adapter fits any faucet, even an open pipe (just hold adapter in place), making it great for hotels, friend's houses or emergency situations. Only 6½" high, less than 3" wide. Using the same patented Aquaspace compound that's in the company's kitchen models, Model TV-100 filter removes chlorine, chemicals, lead and



sediment; the BioFilter version (Model TV-100BF) adds "Bio-Bullet" iodine beads to destroy bacteria and viruses on contact! TV-100 lasts for 250 gallons or 12 months, whichever comes first; 100BF lasts 200 gallons or 12 months. No filter to change; simply replace the whole unit after a year, or sooner if the unit is used often and water seems sluggish. Water comes out of the attached spout. Takes less than 20 seconds to fill a glass.

Befit Travel Filter (Model TV-100): \$55.95
Befit Travel BioFilter (Model TV-100BF): \$75.95

Waterwise Non-Electric Distiller \$387

NEW!

Not even a power outage can stop the Model 1600! Non-electric steam model uses only heat to distill. Great as a backup in emergency situations. Makes up to 16 gallons a day of water a day.

Works on any heat source, including gas stove, wood, propane and charcoal grill. Measures 12" x 12"; weighs 9 lbs. Digital timer included. Two-year warranty.



Basic Filter Types: What's the Difference?

- **Ceramic/Carbon Block.** **Pros:** Reasonably priced, effective at removing many contaminants. **Cons:** Carbon degrades over time; timely filter replacement is key.
- **Reverse Osmosis.** **Pros:** Removes more contaminants than carbon. **Cons:** Takes several hours to fill the tank, removes beneficial minerals, wastes water.
- **Distillation.** **Pros:** Removes more contaminants than carbon, no water waste. **Cons:** Takes several hours to fill the tank, removes beneficial minerals.

Water Filtration & Treatment



Shower filters are designed to reduce exposure to chemicals and chemical vapors. While this problem does not receive as much attention as drinking water, it represents a significant concern. Hot water creates steam vapor that contains the volatile chemicals in the water; the vapors are inhaled and go directly to the bloodstream. Research has shown that people can inhale up to 50% more chlorine and other volatile organic compounds (VOCs) in one 10-minute shower than if they drank two liters of water containing the chemical! A warm shower or bath also opens up the skin's pores, resulting in a high rate of VOC absorption. Trihalomethanes (THMs), which are by-products of chlorine, have been found to be carcinogenic. And don't forget that chlorine has a very drying affect on skin and hair. We've added a filter that reduces chloramines, another chemical coming into widespread use. Make sure to change cartridges regularly.



Befit Shower Filter \$54.95

This economical yet high-quality unit gives you a chlorine-free shower. Features patented Chlogon media plus KDF (a copper and zinc alloy that uses an ion-exchange process to remove chemicals)



Befit Refill Media

to reduce this harmful gas, as well as the most common heavy metals, including copper, lead and mercury. Has massaging showerhead with three settings (full, massage and combination); reversible cartridge allows you to backwash the filter to flush out sediment in between filter changes. Replace filter every 6 to 12 months.

Befit Refill Cartridge: \$31.95



Aquasana® Shower Filters

Protect yourself from chloramines, formed when ammonia is added to chlorine. Many large municipalities now use this to treat the water supply. Aquasana's two-stage filter uses KDF to handle chlorine and some heavy metals, along with activated carbon to tackle other synthetic and volatile organic chemicals. Chloramine model adds special carbons to specifically work on this toxic brew. Massaging showerhead has two settings. Change filter every 6 to 12 months. Also available in hand-held version (bottom photo) with adjustable swivel and long hose for easy bathtub filling.



Standard Model: List Price \$84.99, OUR PRICE \$69.99

Hand-Held: List Price \$99.99, OUR PRICE \$83.99

Refill: List Price \$52.50, OUR PRICE \$44.95

Chloramine Filter: List Price \$99.99, OUR PRICE \$79.99

Chloramine Refill: List Price \$68, OUR PRICE \$54.95

Befit Bathtub Filter



It's hard to relax in the bath when you're breathing in toxins!

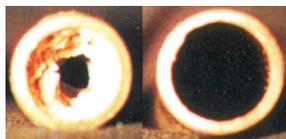
Just hang this unit from the faucet as you fill the tub; no swirling needed! Patented Chlogon and KDF

media lasts for 100 baths or six months, whichever comes first. Fits over faucet with Velcro loop. Silver chrome or white housing.

Chrome Bath Filter: \$59.99 White Bath Filter: \$49.99

Refill Filter: \$28.95

ScaleBlaster Water Softeners



ScaleBlaster Model SB-75 (top) Scale in water pipe before (left) and after ScaleBlaster use

The non-toxic way to have soft water: no salt, no chemicals, no maintenance! Scaleblaster produces an oscillating electric field using a unique frequency that causes the scale-forming calcium molecule to repel, rather than adhere to, pipes and fixtures. Easy installation without any plumbing; just plug it in and wrap the cable around your cold-water pipe. Three residential models: SB-75 is designed for moderately hard to hard water of up to 19 grains (per gallon) hardness; and for indoor use only (maximum pipe size 1 1/4").

Model SB-175 has the same capacity but can be used indoors or outdoors; and SB-MAX handles very hard water of more than 20 grains; maximum pipe size 1 1/2". Comes with instructional CD.

Economy Model, SB-75: \$285 Deluxe Model, SB-175: \$595 Platinum Model, SB-MAX: \$1195

PortaZone Ozonator \$289

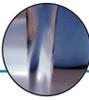


This ozonator brand was the one recommended by the late Dr. Hulda Clark. Discover the many benefits of ozonated H₂O. Great for cleaning fruits and vegetables and sterilizing household items; drinking it can enhance your health. You can also ozonate oils for topical applications (such as skin conditions); treat breads, grains and other foods to make them last longer; and ozonate your bathwater for a refreshing soak. The PortaZone outputs 250 milligrams of ozone per

hour and has a built-in timer. Measures 12"W x 4 1/4"H x 8"D; weighs 5 1/2 lbs.; can be wall-mounted. Comes with one water diffuser and one oil diffuser; additional diffusers can be purchased separately. **Optional disc diffuser** (3.75" in diameter) makes bubbles in a wider pattern than the standard water diffuser, which speeds up the ozonation process.

Diffusers: Water, \$6.95; Olive Oil, \$12.95; Disc, \$14.95

Water Enhancement



Pristina Hexagonal Water Concentrate \$19.95

Just add this to your water and feel the difference! Pristina



Natural has replicated nature's own six-sided water crystals with this energized concentrate. With hexagonal water, tiny molecules containing high levels of oxygen are rapidly absorbed by the body's cells, increasing hydration, enhancing vitamin absorption, sending more oxygen to the bloodstream and promoting antioxidation. Ideal for revitalizing reverse osmosis or distilled water.

8-oz. bottle treats eight gallons of water.



Hexagonal water crystals result in superior hydration and energy.

Aquatomic Magnetic Energizers

Energize your liquids with magnets in a handy elastic band or bottle bag.



Aquatomic's powerful neodymium magnets reduce water's surface tension for faster absorption. Place adjustable elastic strap on any bottle, glass or container and wait five minutes. Use it in restaurants, place it around your water bottle when you're on the go—the



possibilities are endless! Two sizes: AT-1000 with four magnets (17,000-Gauss field) fits containers up to one gallon; AT-3500 with eight magnets (34,000-Gauss field) is for large jugs, water coolers and other containers up to 5 gallons. Also available as a convenient insulated nylon carry bag with six neodymium magnets sewn inside. Features zipper, carry handle,

detachable strap and outside pocket with drawstring; 50-ounce stainless-steel bottle included.

AT-1000 Magnetic Band (up to 1 gallon) \$52.95

AT-3500 Magnetic Band (up to 5 gallons) \$94.95
Energizing Bottle Bag \$62.95

Quantum Age Stirwand \$79.95

Revive water just by stirring! The Stirwand restores H₂O's natural chemistry, providing you with superior hydration and oxygenation. Proprietary mineral mixture activates aquaporin, a protein in the cell membrane that regulates water flow. (Research is posted on our Website,



www.cutcat.com.) Just stir in your beverage and wait 20 seconds. Made of nontoxic BPA-free material. Choose from 24/7 Wand for hydration; Zen Master for hydration plus relaxation and meditation; and Gardener Wand for enhancing plants, fruits and vegetables. Five-year warranty.

Specify 24/7 Wand, Zen or Gardener
Buy all three for \$72 each

Vitalizer Plus Water Enhancer

List Price \$585, OUR PRICE \$499

Re-create nature's energizing "vortex effect" to oxygenate your water. The Vitalizer Plus' magnetic disk (total Gauss 5,500) creates

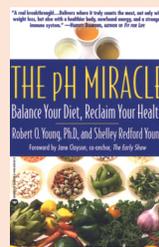
this vortex, similar to the dynamic current flowing from streams and waterfalls. Disk is contained in the "Super Cube" with ionic minerals and far-infrared ceramics. What you get is hexagonal water, providing extra energy to the body and improving its ability to nourish cells and eliminate toxins. (See our Website, **www.cutcat.com**, for test results.) Ideal for enhancing reverse osmosis water and hydrating



shakes. As simple to use as a blender: Just pour filtered water or beverage into the pitcher and hit a button. Three-setting timer allows you to decide the energy level; LED indicates when mineral cube needs replacing. Holds two quarts; 11"W (at base), 14"H. Comes with the 55-page booklet *Hexagonal Water* (see page 3 to order the book separately).

Replacement Mineral Cube/Magnetic Disk: \$75

Books About Alkalinity

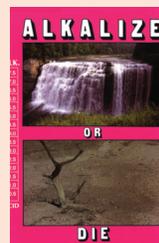


The pH Miracle

List Price \$17, OUR PRICE \$14.50

By Robert O. Young, PhD, and Shelley Redford Young. Ever since this book was featured on CBS' *Early Show*, it's been sweeping the country. The Youngs believe that pH balance is not only a health issue, but also the most important factor in weight loss—more important than calories,

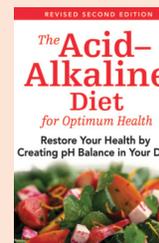
fat and cholesterol. They describe their program for restoring your body's pH balance, including what foods to eat, what to avoid and which supplements to take. Includes recipes. Revised and expanded. (432 pages)



Alkalize Or Die

List Price \$14.95, OUR PRICE \$13.50

By Theodore Baroody, ND, DC. This book discusses the idea that acidosis is the primary cause of ill health and that our diet contributes dramatically to creating an acid state in the body. Dr. Baroody shows how to correct this, using diet as the principal method. Includes recipes. (242 pages)



The Acid-Alkaline Diet

List Price \$12.95, OUR PRICE \$11.50

By Christopher Vasey, ND. A detailed discussion of food acidity vs. alkalinity. Describes the author's theory that some people are acidic even though their pH tests alkaline, and explains how to find out if you're in this category. Includes sample menus. Revised 2nd edition. (165 pages)

Alkalization

As the title of the book *Alkalize or Die* (see page 6) implies, the body's healthy state is an alkaline one. You may have heard the theory that disease stems from an acidic state in the body. It isn't difficult to see why our society has so much disease: Just look at what people eat and how our food is grown. One of the most popular drinks in the world, soda, is also one of the most acidic—2.5 pH for colas. We carry several products to help you measure your pH and to alkalinize your body.



AlkaStick Alkalizer \$39.95

If you love drinking alkaline water, you can have it anywhere with the AlkaStick. Made of ceramic-coated minerals—maifanite, calcium and tourmaline—plus far-infrared stones, this portable alkalinizing stick raises water's pH up to 9.5. Simply place in your water glass and leave in for five minutes. Great for traveling or anytime you're on the go. Lasts for 130 to 200 gallons. Surgical stainless-steel housing.



pH Plus Alkaline Drops \$23.95

Alkalize your body with these drops. Just put two or more drops in an 8-oz. glass of water or other beverage. In addition to alkalinizing, this modified sodium silicate product provides the silica the body needs to help restore bone and connective tissue. Silica also enhances hair, nails and skin. 2-oz. drip bottle lasts two months.

3 bottles: \$64 (You save \$7.85)
6 bottles: \$120 (You save \$23.70)



CLO₂ (Chlorine Dioxide) \$24.95

The strongest CLO₂ solution on the market! An ideal product to increase alkalinity, assist the body in detoxification and to protect against various organisms. This formula of CLO₂ (also known as Miracle Mineral Supplement or MMS) is a 28% solution; others are 2% or 7%. **Other brands are in plastic, which can leach into a solution as strong as this one; our dropper bottle is glass.** 4 ounces.

Life Water Ionizers



Discover the miracles of alkaline and acidic water! Use the alkaline water—a powerful antioxidant—for drinking and cooking. Benefits include increased hydration, improved cell function and detoxification. Acidic water, which is a strong antibacterial agent, is great for topical applications such as cleaning skin and healing cuts. All models are loaded with features including titanium plates coated with platinum (more plates means higher water flow and stronger acidic water), multiple pH levels, digital display, filter-life indicator, self-clean function, auto shutoff, and two filters that reduce heavy metals, chlorine and other chemicals. (Pre-filters are available for specific water needs.) Units make up



HM pH Meters

An indispensable tool for monitoring your pH. These easy-to-use digital meters measure the pH of urine as well as water and beverages. Automatic calibration; just touch a few buttons! Two models: **Model PH-80** is accurate to ±.2 pH and is water-resistant. **Model PH-200** has a higher accuracy rating of ±.02 pH, replaceable electrode, larger LCD display and waterproof housing. Both meters measure from 0–14 pH, operate on three 1.5-volt batteries (included) and come with one 60-ml.



bottle of pH storage solution and six sachets of testing powder (to be mixed with water).

HM pH Meter, Model 80: \$69.95 Model 200: \$109.95
Storage Solution, 60 ml. bottle: \$7.95
Testing Powder: 6 sachets for \$4.50



pH Paper \$13.95

Handy pH strips are perfect for testing saliva. Includes dispenser and color indicator, which indicates your pH level. This paper tests within the range of 5.5–8.0 and measures in increments of .2 (e.g., 6.4, 6.6, 6.8). One roll gives you enough for 100 pH tests.

pH Starter Kit

Save money with this package of four items: The HM pH meter (specify model when ordering), a bottle of CLO₂, a bottle of pH Plus, and one 5.5–8.0 pH paper with dispenser. (See individual items on this page for descriptions.) With the standard meter, items would be \$132.80 if bought separately; you save almost \$21! With the Model 200, items would be \$172.80; you save almost \$26!

pH Starter Kit With PH-80 Meter: \$112
pH Starter Kit With PH-200 Meter: \$147

to .79 gallons (3 liters) per minute, depending on water pressure. Under-sink units have separate chrome faucet with digital controls. Convertible units come as a countertop and can be converted to an under-counter by purchasing a faucet. **Photos and details on all models are on our Website, www.cutcat.com.**

Model 5100 Countertop, \$1,495: Five plates, pH up to 10.0.
Model Max M7: Convertible \$1,995, UC \$2,495: Seven plates, pH up to 11.0.
Model Max M9: Convertible \$2,595, UC \$2,995: Nine plates, pH up to 11.5.
Model Max M11: Convertible \$2,995, UC \$3,495: Eleven plates, pH up to 12.0.
Carbon Refill Filters: Set of two, \$120



Faucet for under-sink models

Even if you don't have allergies or asthma, you can benefit from air filtration. The air quality in the typical metropolitan area (and even in many small towns) ranges from questionable to downright toxic. Air filtration gives you the solution in the areas you can control: your home, office and car. We carry a variety of units, including HEPA filters for all-purpose purification; negative ionizers; germicidal units for viruses and bacteria, including Virus Zero and Airwise; and machines that combine these technologies. We also offer a hand-held allergy vacuum for dust mites and other small particulates; and masks for pollution-heavy and chemical-laden environments.



Virus Zero Air Cleaners

Zap airborne viruses with this compact machine! Super Plasma Ion (SPIN) technology emits activated hydrogen and oxygen ions into the air, forming compounds that react with pollutants to form harmless water vapor. No filter to replace! Takes care of viruses, allergens, molds, bacteria, cigarette smoke and volatile organic chemicals. Quiet operation and low energy consumption; ozone-free.

NEW MODEL!



Portable model covers 230 square feet, measures 2.5"D x 6.3"H and weighs less than 10

ounces. Great for the car; fits into cup holder and comes with auto adapter. Powerful **Room Purifiers** clean up to 700 square feet, or 1,166 square feet for the **Pro Model**. Measures 15.7" x 15.7" x 3". Attractive design with rounded edges and slim profile. Comes with wall-mounting kit, remote control and stand.



Portable: \$179 Room Purifier Standard: \$649 Room Purifier Pro: \$979

Airpura Filters

Flexible design boasts a variety of filter options to solve any air problem. Most Airpura models use the same size and construction, so you can switch the filtration media any time if your environment changes. Filters use different formulations of carbon (for chemical, gas and odor removal) and HEPA material for 99.97 percent filtering of particles down to .3 microns (such as pet dander, dust and pollen). Carbon and HEPA can be changed separately to maximize filter life. Pre-filters, to trap larger particles, can be vacuumed. Cleans up to 2,000 square feet. Features variable speed control; comes on casters for easy movement. Attractive round design in **choice of black, white or cream**. Dimensions: 23"H x 10"W; weight approximately 45 lbs. (varies slightly by model). Warranty: 5 years parts, 10 years labor. **(Shipping: \$35 to \$60, based on location; call or e-mail for quotes.) For more models, details on each unit, and refills, see our Website, www.cutcat.com.**



Airpura Colors: Black, white and cream

(Note: 25 percent restocking fee on Airpura returns.)

Airpura R600, \$650: All-purpose filter with activated carbon, HEPA and a pre-filter handles particulates, chemicals, gasses and odors. Great for allergies, asthma and overall air-quality improvement.

Airpura V600, \$750: If your primary problem is chemical fumes, choose this unit with specially enhanced carbons for extra VOC absorption, plus HEPA and a pre-filter.

Airpura T600, \$850: Designed specifically for tobacco smoke, with more carbon and a tar-barrier pre-filter to trap tobacco tars. HEPA post-filter removes particles.

Airpura UV600, \$900: UV bulb for sterilizing microbes (bacteria and viruses), combined with HEPA, carbon and pre-filter for all other air situations.

Airwise Purifiers

This cleverly designed unit is small, quiet, and gets rid of odors and pollutants.

The Airwise uses photocatalytic technology, a

process so effective it's FDA-approved for poultry and pork processing (destroys salmonella and E. coli). Also handles chemicals, gasses, odors, microbes and mold. It even generates negative ions, reducing particles like dust and dander. Simple, one-touch



operation; no fan means no noise! Charcoal-gray rectangle fits so unobtrusively with any decor, you won't even notice it's there! UV bulb lasts up to one year. 4"H x 12"W x 8 1/4"D; weighs only 3 lbs. Three-year limited warranty. Filter housing is uniform, so if your needs change, all you have to do is get a different bulb!

Small Room (150–350 sq. ft.)

List Price \$449, OUR PRICE \$369

Medium–Large Room (350–750 sq. ft.)

List Price \$489, OUR PRICE \$399

Multi-Room (750–1,500 sq. ft.)

List Price \$549, OUR PRICE \$459

UV Bulbs: Small \$99, Med.–Lg. \$139,

Multi-Room \$199

What Is HEPA?

Originally developed by the U.S. Atomic Energy Commission to remove radioactive particles from the air, HEPA stands for "high-efficiency particulate arresting." This material must meet the standard of 99.97 percent filtering of particles down to .3 microns, and 95 percent of particulates .1 microns and smaller. These tiny particles include pet dander, dust, dust mites and pollen.

Air Purification

Austin HealthMate HEPA Filters



Breathe easier with this all-purpose, energy-efficient filter. HEPA tackles small particles such as dust, pet dander, mold spores, pollen and cigarette smoke, while activated carbon and zeolite work on chemical, gas and odor removal. Pre-filter takes care of medium and large

particulates. Features three-speed air control and quiet motor that costs 50% less to operate than many other HEPAs. Draws air from all sides for placement flexibility, but sends filtered air out of only



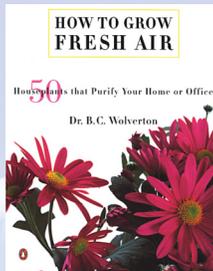
Austin Color Choices: Black (top photo), White, Sandstone, Navy, Silver

one side so you can control output (no drafts!) Five-year warranty for home use (prorated). The **HealthMate** covers 400–1,500 square feet, measures 23"H x 14½"W x 14½"D and weighs 45 lbs.; has casters for easy movement. For

smaller rooms, the **Junior** handles 200–800 square feet; dimensions are 16½"H x 11"W x 11"D, weight 18 lbs. **More Austin models are on our Website. (Shipping: HealthMate \$35–\$45, Junior \$25, HM Refill \$25, Junior Refill \$20. There is a \$25 restocking fee on Austin returns.)**

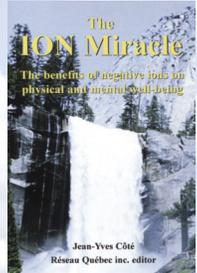
HealthMate: \$539, Refill Filter \$215

Junior: \$375, Refill Filter \$165



How To Grow Fresh Air
List Price \$20, OUR PRICE \$16.95
By B.C. Wolverton, PhD

Did you know that certain house plants can purify the air in your home or office? Find out about the 50 most effective house plants and which airborne chemicals they reduce. The list includes many commonly found varieties not generally thought of as indoor plants. (144 pages)



The Ion Miracle \$6.95
By Jean-Yves Cote

A short primer about the beneficial effects of ions on physical and mental well-being. Includes research summaries and how to get more ions in your daily life. (Booklet, 91 pages)

Which Air Filter Do I Need?

- If your main problem is *particulates* (allergens, dust, etc.), your best choice is a **HEPA filter**. See **Airpura R600** and **Austin**.
- If you're concerned about *bacteria*, *viruses*, *odors* or *mold*, see **Virus Zero**, **Airpura UV600** and **Airwise**; and **Airpura V600** and **T600** for specific odor issues.
- If your air quality is very good and you don't have allergies or asthma, but you still want *fresher air* , try the **Vortex** desktop ionizer.

What Is A Negative Ionizer?

Pollution, central HVAC systems, synthetic fibers and electrical devices create positive ions, which can irritate the body. Ionizers generate negative ions to recreate the proper atmospheric balance of negative to positive ions. These ions bind to pollutants and reverse their polarity so they drop to the nearest surface or are neutralized. The device creates a refreshing environment and a fresh feeling similar to country air or the beach. Users report an overall sense of well-being with this proportion of ions.

AirTamer Personal Ionizer \$79.95



Wear this tiny unit for protection from stale indoor air no matter where you are.

Perfect for combating the recirculated, germ-loaded air on airplanes; we don't fly anywhere without ours! Operates on two CR-2025 coin-cell batteries (included) for more than 50 hours of use. Patented conductive-cord technology actually uses your body as a "counter electrode"—just make sure the cord is touching your body

and the ion output increases! Wear around your neck or use the clip to attach it to a shirt pocket. Carbon-fiber brush generates up to 2 million negative ions per second. Outperforms other brands in number of cubic feet cleaned per hour. Measures 1½"W x ¾"D x 3"H; weighs 1.7 oz. Comes with carry case.

Vortex Desktop Ionizer \$119.95

Perk up any room with this ionizer. Generates a whopping 6



million ions per second, effective for up to 800 square feet. Place on a desk, shelf or any surface. Collection pad attracts airborne pollutants, which means fewer stray particles that can darken walls. Unique spiral emitter stimulates airflow and draws dust, cigarette smoke and other contaminants to the device. Built-in detector monitors

ion production levels. Measures 7½"L x 6½"W x 3"D.

SaniMate Washroom Ionizer

List Price \$79.95, OUR PRICE \$39.95



This unit is perfect for bathrooms and other small spaces, eliminating odors as well as airborne particles. Plugs directly into wall socket (no cord). Outputs 2 million ions per second. Has platinum emitter and goldplated stainless steel collectors, built-in night light. Great for travel!

AutoMate Ionizer \$39.95



Enjoy ions in your car too! Car ionizer plugs into exposed car-accessory outlet; outputs 2 million ions per second to keep the air in your vehicle clean and fresh. Has platinum emitter and goldplated stainless-steel collectors for maximum efficiency; ion "on" indicator.

Fresh Fridge \$29.95



NEW!

Food lasts longer with this handy refrigerator purifier! Fruits, vegetables and other foods emit ethylene gas, which is what causes spoilage. The Fresh Fridge's activated oxygen (ozone, or O₃) neutralizes bacteria, mold and other microbes by inhibiting ethylene gas. This eliminates odors and keeps food fresh three to four times longer—meat, dairy

Strawberries Refrigerated 7 Days



products, even produce that's inside bins! Low-voltage light shows it's time for a battery change. Measures a compact 3"W, 4.5"D and 5"H to fit easily in your fridge; weighs 9 ounces. No filter to change; runs on four D batteries (will last about three months with continuous use). Safe to breathe (ozone measures a miniscule .05 to .009 parts per million); mild ozone odor.

DirtTamer Hand-Held Allergy Vac \$79.99

Now you can have all the cleaning power of HEPA in a hand-held vacuum! Regular vacs remove only large particles down to 50 microns and simply pass the smaller particles right through the collection bag and back into the room. HEPA vacs filter



down to the "high-efficiency particulate arresting" standard of .3 microns, which includes dust-mite parts. Three-stage filtration: permanent pre-filter, collector bowl, and HEPA. Features wet or dry pickup, headlight to spot dirt easily, charge/low battery indicator and three handy accessories: extendable 13" crevice tool, squeegee (for

wet spills) and upholstery brush. Comes with washable foam filter for regular cleaning and wet spills; and one HEPA for fine-particle removal. HEPA lasts 6 months to a year depending on use. Includes screws for mounting charger on wall. For not much more than a regular hand vac, doesn't it make sense to upgrade to an allergy unit?

Replacement HEPA Filter: \$12.99

Replacement Foam Filters (3-pack): \$8.99



Do you have a Silent Air purifier?

Although this unit hasn't been made for some time, if you have one, you can order the collection sheets here! They come in a set of six sheets and cost \$19.95 for the Model 2000 and \$24.95 for the larger Model 4000.

Fitseal Germicidal Masks



Bacteria and viruses don't stand a chance with this disposable mask! **NEW!**

The Fitseal multilayered mask is designed specifically for keeping out microbes. Fitseal forms a molecular barrier seal between the mask and the face, minimizing hazardous inward leakage. Advanced media offers 99.9 percent

filtration against airborne germs. Can be worn for up to eight hours. Meets CDC guidelines for tuberculosis-exposure control. Attaches with hypoallergenic adhesive tape. Choose adult mask in Medium (for women) or Large (men), or kids' size. **(Not returnable.)**

Single Mask \$9.99; Five-Pack \$44.95; Ten-Pack \$84.95

Children's Mask (ages 5 to 16):

Single Mask \$7.95; Five-Pack \$34.95; Ten-Pack \$59.95

I Can Breathe!® Mask \$25



This featherweight mask keeps out pollutants. I Can Breathe! is also great for the chemically sensitive user who might react to heavier Neoprene™ masks. Porous honeycomb mask holds an improved military-grade

activated carbon filter with two cellulose-based linings to get rid of odors, fumes and fine particles, reducing exposure from 50% to 95%, depending on the substance. Effective for indoor and outdoor pollution. One size fits all using elastic ear loops. Folds up to fit in purse or pocket. Hand-washable shell. Comes in **beige, gray, and beige with cream-lace overlay**. Filter lasts 20–40 hours, depending on air-quality conditions. **(Cannot be returned once opened.)**

Colors: Beige, Gray, Beige With Cream Lace

Refill Packs: \$14 for 2-pack, \$58 for 10-pack

Filt-R Mask \$29.95



The perfect solution for those who need heavy-duty pollution protection—including joggers and cyclists in smog-ridden areas, people who work with chemicals, and environmentally sensitive consumers. Carbon-activated filter protects against chemicals, dust and other fine particles, pollen, smoke and odors. The two valves are designed to improve airflow performance on exhalation. Filter lasts for approximately

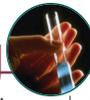
four months if worn daily. Washable navy-blue Neoprene™ mask wraps around back of neck with Velcro; adjustable nose piece. Specify Small, Medium/Large, or Extra Large when ordering. **Size guidelines:** Small generally fits women and men with small frames; Medium/Large fits average-size men; Extra Large fits larger-boned males and people over six feet.

Choose Small, Medium/Large or X-Large when ordering Filt-R masks and refills.

Refill Filter: \$9.95

(Filt-R Masks cannot be returned once opened.)

Environmental Testing



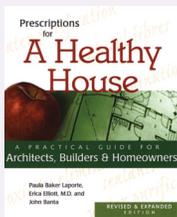
There is strong evidence that many people develop health problems from environmental factors. But finding the source of the problems, even with a sympathetic physician, is not always easy. Environmental testing is the first step toward determining what's going on in your home, whether you need to pursue professional testing, and what type of air and water filters to buy. Choose from a water test you can do at home and one you send to a lab. We also have test kits for mold and radon.

PurTest™ Home Water Analysis Kit \$34.95



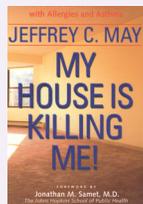
Easy, in-home, do-it-yourself kit measures water contaminants. This convenient package contains two tests each for nitrates, nitrites, chlorine, iron, copper, pH, alkalinity and hardness; and one test each for bacteria, lead and pesticides (atrazine and simazine). Simply take samples of your water, insert the testing paper and match the colors to the charts. The kits have been laboratory certified for accuracy and give clear, easy-to-read results. Non-toxic test ingredients. Includes information booklet and toll-free hotline you can call any time for free advice on water problems and treatment.

Books About Healthy Homes



Prescriptions For A Healthy House
List Price \$34.95, **OUR PRICE \$29.95**
By Paula Baker-Laporte, Erica Elliot, MD, and John Banta

Written by an architect, a physician and a "sick building" specialist, this book covers all aspects of "green" home building and renovating, with extensive information on environmentally safe construction materials, furniture, heating and cooling systems; proper electrical wiring to avoid EMFs; advice on water filters, and more. (269 pages)



My House Is Killing Me!
List Price \$20.95, **OUR PRICE \$18.95**
By Jeffrey C. May

The author, a home inspector who has spent his career helping people identify the causes of their chronic health woes, draws upon dramatic stories of suffering and relief to help readers understand the links between environmental factors and health problems, including allergies and asthma. Explores how air conditioning, basements, attics and other home features can affect air quality; offers a step-by-step approach to identifying and controlling the sources of pollutants. (338 pages)



Bug Busters
List Price \$14.95, **OUR PRICE \$13.50**
By Bernice Lifton

A detailed guide to natural, effective and safe pest control for your house and garden. Covers all types of bugs and rodents, with inexpensive and poison-free solutions for getting rid of them and treating infestations. Also tells you about simple changes you can make to prevent future pest problems, and gives advice on attracting beneficial insects to your garden. (291 pages)

Watercheck™ Test Kit

If you need a more comprehensive water report than what a DIY kit offers, this mail-in test can't be beat. Tests for heavy metals, organic and inorganic chemicals, and coliform bacteria. The standard kit tests 83 substances; the pesticide test adds 20 toxins. **(For a complete list, go to our Website,**



www.cutcat.com.) Just take samples of your water and send them to the company, which will mail the results to you within 10–15 days of receipt. Your report will tell you the level of each contaminant in your water and whether it exceeds established guidelines. Comes with collection containers and return shipping box. Lab fees (except shipping) included.

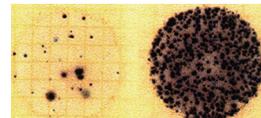
Standard Test, 83 substances: \$167.95

Standard+Pesticide Test, 103 substances: \$206.95



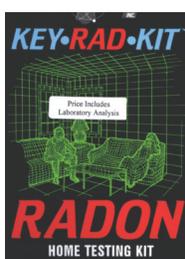
MoldCheck Test Kit

A simple way to detect mold. Toxic molds have become more prevalent in homes because modern construction does not always use mold-resistant materials. Moist climates also can cause mold indoors. Easy-to-use kit tells you if you have mold and how much you have. Simply place mold film in the suspect areas, let it sit for an hour, add activation solution and place it in the incubator box. Three days later, you'll know if you have mold. Kit contains 5, 10 or 15 mold-spore detection films, activation liquid, liquid spreader, swab, incubator box, booklet on how to inspect your house, and Clean-Up Guide with tips on safely cleaning mold.



What normal mold (left) and severe mold might look like on the MoldCheck film

5 films: \$39.95 10 films: \$49.95 15 films: \$64.95



Keyrad Radon Test Kit \$29.95

No need to worry about radon again! Radon gas, created by the natural breakdown of uranium in rocks and soil, can seep into the home through cracks and other small spaces. Radon also can enter a home through well water. High levels can cause lung cancer, as well as cell and tissue damage. This mail-in kit contains materials for detecting radon in your home over a 48- to 72-hour period. Includes gas collection canister and return mail pouch; the lab sends you a report with the radon level and potential health risk. Lab fees (except shipping) included.

If you live in the Santa Fe, New Mexico area, or plan to visit, stop by our showroom at 3201 Richards Lane. Hours are Monday to Friday, 9:30 am-5:30 pm. For directions, see our Website or call (800) 497-9516.



EMF & Geopathic Stress Protection

Our daily needs are much more dependent on electronic devices than they were just a few years ago. Most homes have multiple computers, TVs and other equipment. We talk and text constantly on our cell phones, and the number of cell towers is rapidly increasing. While these products can make our lives easier, they also emit magnetic fields and radio frequencies (EMFs). Many people are concerned about links between these energy fields and various health problems, including cancer, miscarriages, fatigue, headaches and chronic stress.



Problems can also stem from geopathic stress zones, areas of the earth where underground structural anomalies (such as water currents and fault lines) combine with other waves to create a harmful environment that can stress the body. The products in this section are for people who believe there is enough evidence that EMFs and geopathic stress contribute to health problems and want to reduce their risk.

The first task in assessing this area is to determine where the problems originate. We have electromagnetic field meters (also called Gaussmeters) that can detect these energies. By popular request, we're introducing a radio-frequency meter to measure

emissions from smart meters and other RF sources. We also carry the Stetzer system, consisting of a meter that measures radio frequencies in a building's electrical lines and filters to reduce the fields. For protection in the home or office, we have several devices that work in various ways, such as by interacting with your own biological energy (Clarus products, Tecno); blanketing an area with a beneficial field (Total Shield, Mini and Micro Harmonizer); and blocking harmful energies (AegisGuard and our new RF-shielding material). For handling geopathic stress, the Total Shield has geopathic stress reduction as an option. Dowsing rods and pendulums can help locate stress zones.

For personal protection, we offer small, portable items that can be worn or carried anywhere, including the Micro Harmonizer and pendants such as Clarus Q-Link, Shuzi, Quantum and the new Orgone Pendants.

What is considered a safe limit of EMF exposure? Many experts recommend keeping one's chronic exposure under 3 milliGauss. Others think it is much safer to keep day-to-day exposures to less than 1 milliGauss. We agree with this lower limit.

MSI EMF Meter \$229.95



A powerful meter for measuring strong fields. Magnetic Sciences International (MSI) meters are used by professionals who work in EMF mitigation. Features a range of up to 200 Gauss (200,000 mG) to measure the strongest fields, digital display, frequency-specific bandpass filter that prevents distortion, flat frequency response for greater sensitivity, low-battery indicator and built-in tilt stand.

Comes with 2-foot shielded extension to prevent interference from other frequencies, sensor for measuring the fields, 9V battery (which will operate the meter for 72 hours continuously), spare fuse and 33-page *Magnetic Field Guide*. Accurate to $\pm 2\%$ of reading. Weighs 12 oz. See below for accessories that attach to this meter.

Accessories for MSI Meter



Carrying Case \$29.95

Hard plastic case fits MSI meter. Black with carry handle and foam interior.

Electric Field Sensor \$58.95

Measures electrical (non-magnetic) fields, which appliances emit even when they are turned off. Attaches to meter.

Body Voltage Meter \$58.95

Checks your own body's electrical fields caused by outside sources. Attaches to MSI meter.

Check our Website for additional EMF products that we don't have room for in our catalog. Go to www.cutcat.com.

Gigahertz Solutions RF Meter \$429.95

Detect harmful radio frequencies and find out where they're coming from!

NEW!

As the RF problem has increased, we've received many requests for a meter that measures this type of energy. Now we've found a high-quality meter that gauges emissions from smart meters, cell phones, most cordless phones, Wi-Fi, cell towers, computer routers and anything else that generates RFs in the range of 800 MHz to 2.7 GHz. Gigahertz Solutions' HF35C Meter features two sensitivity settings: "Fine" measurement range offers higher sensitivity and allows for accurate detection of lower-level signals; "coarse" range covers stronger readings. Digital display with audio tones help identify the field sources. Sturdy antenna is designed for directional detection of RF waves. Runs on 9V battery (included). 2-year warranty. Weighs 8.8 ounces.



CellSensor™ EMF Meter \$34.95

Our economy meter finds your home's "hot spots."



The best-selling CellSensor features a dual scale—one for EMFs (fields from electrical appliances) and one for microwave frequencies to measure cell phone emissions; "normal" and "high" sensitivity settings; audio signal with volume control and flashing light to indicate EMFs; and remote probe with 2-foot cord to easily find "hot spots." Measures up to 50 milliGauss for EMFs, 10 milliWatts for cell phones. Operates on 9-volt battery (not included); weighs only 4 ounces.

EMF & Geopathic Stress Protection

Stetzer Radio-Frequency Meter & Filters

Measure and protect from “dirty current.” Every time you plug in an electrical or electronic device, you create radio frequency (RF), and the entire building wiring acts as an antenna for these frequencies. At the same time, you’re receiving these frequencies from your local power company. Studies have shown that this particular type of RF energy (from 10kHz to 100kHz), also called “dirty current,” can contribute to health problems.

(Studies and research papers are on our Website, www.cutcat.com.) Stetzer offers a meter to detect this type of

radiation, as well as filters to reduce it. Just plug in the meter; if it reads 30 or above, you need a filter in that outlet. Then take another meter reading and you’ll see a lower number. In most cases, about 20 filters are required for an average-size house. The filter looks like an AC adapter and plugs directly into the outlet. (See

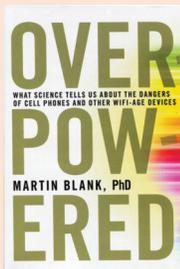


the books *Dirty Electricity* and *Overpowered*, below, if you’re interested in learning more about this topic.) This meter measures the RFs in the electrical lines, from 10kHz to 100kHz. (Note that this differs from the Gigahertz RF Meter on page 12, which measures the RF that’s broadcasted into an area from 800 MHz to 2.7 GHz.) Smart meters, compact fluorescent bulbs and dimmer switches worsen the RF problem; in addition to adding to RFs in the lines, they also broadcast it out into the home. Replacing CF bulbs and dimmer switches will ease the problem. Doing the same to smart meters is also important, but this may not be possible in your area. (The DVD *Take Back Your Power*, below, gives advice on this.) In addition, when the Stetzer filters first came on the market 15 years ago, consumers who bought Stetzer filters felt better quickly. Now, this isn’t always the case because devices broadcast much stronger RFs, and some people may need more filters to get the same effect. Because the environment both inside and outside your home can change, Stetzer recommends periodic checking with the meter.

Stetzer Microsurge Meter: \$100

Filters: \$35 each; 10 or more filters: \$29.95 each

Books & DVDs About EMFs



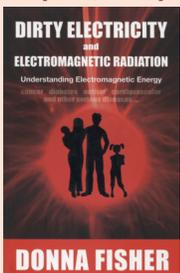
Overpowered
List Price \$17.95, OUR PRICE \$15.95
By Martin Blank, PhD

This brand-new book features the most up-to-date information on the sources and dangers of electromagnetic fields. Includes historical information on early EMF studies, summaries of current research,

NEW!

health and environmental effects, steps you can take in your daily life to reduce exposure, and how to lobby government and industry to keep yourself and your family safe. Scientist Martin Blank, who has studied this subject for 30 years, explains how we can balance the negative effects of EMFs while coexisting with our cell phones and other devices. (269 pages)

Dirty Electricity And Electromagnetic Radiation \$34.95

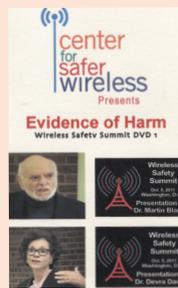


By Donna Fisher
An electrically sensitive consumer tells the story of how she was affected by radio frequencies (RFs, also called “dirty electricity”) and how Stetzer filters helped her. The book includes recent research into RFs and new alternative cancer treatments using electromagnetic energy. Includes case studies of people who have used

Stetzers successfully. (Note: The author has no connection to the company; she wanted to tell her story so that others like her can be helped.) (239 pages)

See page 36 for new book on HAARP!

Evidence Of Harm DVD \$19.95



Two presentations from the 2011 Wireless Safety Summit in Washington, DC: Dr. Martin Blank, professor of physiology and cellular biophysics at Columbia University Medical Center and author of *Overpowered* (at left), speaks about his research on microwave radiation’s effects on DNA. Dr. Devra Davis, executive director of the Environmental Health Trust, discusses the health effects of cell phones, including reproductive issues. She also reports on corporate and government efforts to suppress this type of research. (94 minutes)

NEW!

Take Back Your Power DVD \$19.95



Directed by Josh del Sol
This new documentary tells the truth about the dangers of smart meters. *Take Back Your Power* investigates the claimed benefits and apparent risks of this ubiquitous “smart” grid program. The film includes interviews with EMF experts, including Dr. Dietrich Klinghardt, who has found that chronic fatigue, autism, cancer and other diseases can be traced back to electromagnetic-field exposure. With compelling insight from whistle-blowers, researchers, government employees, lawyers, doctors and environmentalists, the film explores corporate and government corruption, as well as the erosion of our rights in the name of “smart” and “green.” (102 minutes)

NEW!



TOTAL SHIELD PRODUCTS

Neutralize the effects of EMFs! The device uses a special coil antenna to produce a 7.83-Hz field, which is the Earth's natural field (also called the Schumann resonance). This positive force saturates an area and dilutes negative energies. Helps reduce the effects of computers, TVs, microwave ovens and other household appliances, even power lines outside your house. Three versions: Total Shield for the whole house, Mini and Micro for portability.

Now With HAARP Protection!



Total Shield
Blanket your entire home with a beneficial energy field. The Total Shield works on a space of 20,000+ square feet and comes in four coil strengths, with each additional coil adding 50% more intensity. (Stronger models are for people who are sensitive to EMFs, who have a large number of electronic devices in their home or office, or who live very close to power lines or stations.) **Now with HAARP protection:** The military's High-Frequency Active Auroral Research Program beams high-frequency waves into the ionosphere; these waves haven't been proven safe. (See new book on page 36.) The Total Shield also works on geopathic stress by reversing and retransmitting the waves. Colored lights blink at the Schumann resonance and can be used for stress relief or biofeedback. Operates on included AC adapter. Measures 9½"H x 4½"W. **See our Website, www.cutcat.com, for larger agricultural models that increase crop yields and balance the soil.**

Single Coil: \$350 Three Coils: \$490
Two Coils: \$420 Four Coils: \$550

Mini Harmonizer



Great for protection when you travel, this portable, rechargeable device works on a room of up to 100 square feet. Take the Mini Harmonizer to the office, use in your hotel or carry it with you from room to room at home. A 15-hour charge lasts from 40–48 hours. Switch between 7.83-Hz setting, which corresponds to the alpha brain state (conscious yet relaxed), and 3.91-Hz theta state (deeper relaxation). Measures 2¾"W x 3¾"L x 1"D; comes with AC adapter. Stronger 4X model is four times more powerful than the standard unit. The 4X model's charge lasts for 24 hours.

Mini Harmonizer: \$250 4X Mini Harmonizer: \$290



Micro Harmonizer \$285
Take this miniature unit with you anywhere!

Designed to be worn next to the body, the Micro Harmonizer can be placed in a pocket or worn on clothing with the attached clip. Switch between 7.83-Hz setting, which corresponds to the alpha brain state (conscious yet relaxed), and 3.91-Hz theta state (deeper relaxation). Measures 2¼"L x 1½"W x ¾"D; runs on 3-volt lithium watch battery (#CR2032). Weighs 1.3 ounces.

Biomagnetic Research Protective Devices



(From top left):
G-33 Smog Buster,
3-Hole Resonator, Tri-Pak

Four value-priced items to reduce the impact of EMFs and geopathic stress. Biomagnetic Research products contain the patented Crystal Catalyst, a unique quartz ceramic material that collects electromagnetic energy and rebroadcasts it so that it is not harmful to you. The products' molecular structure resonates to actually alter the frequencies of negative energies before they hit the body. All items (except Energy

Harmonizer) attach to any surface with adhesive backing. **More Biomagnetic Research products are online at cutcat.com.**

Three-Hole Resonator \$17

Small blue disc attaches to appliances. Use on computer monitor, microwave oven, TV screen, ballast end of fluorescent lights, even a water heater.

Tri-Pak Resonator \$48

Triangle made of soft material is designed for fuse boxes and for carrying on airplanes to counteract radiation. Can also be placed anywhere in the home for spot-reducing problem areas.

G-33 Electronic Smog Buster \$85



A larger disc for areas with stronger fields or wherever greater protection is required.

Energy Harmonizer \$48

Balances geopathic zones. Hang this attractive disc using the included hook and it looks like an ornament! Can also be placed on any surface or under your mattress. Mirrored surface with amber-colored design holds a quartz ceramic bead.

Energy Harmonizer

Orgone Energy Pendants \$50



Harness nature's own energy! Wilhelm Reich did extensive research on the vital energy found everywhere in nature, which he called "orgone." Karl Hans Welz then invented orgonite, a polyester resin mixed with metal that conducts energy similar to that of Reich's machine. We recently found a local artisan to make these pendants, which resemble

NEW!

amber. They're made of resin with a quartz crystal, and are flecked with gold- and copper-colored metal pieces for an attractive addition to your jewelry collection. Comes on matching silk cord. Two shapes: rectangle or teardrop.

Write A Review, Get A Discount!

We'll give you a coupon toward a future order if you submit an online review. (Use the search box to find the item, and you'll see "submit review" at the bottom of the page.) The coupon gives you \$10 off an order of \$50 to \$100, and \$15 off \$100 or more. (You need to have a log-in account with user name and password in order to post a review; products must have been purchased from us.)

TECNO TECHNOLOGY

Tecno's patented CMO (Compensatory Magnetic Oscillator) technology is scientifically proven to boost your body's response to electromagnetic-induced stress. Based on studies showing that alpha waves (which the brain emits during meditation) enhance the immune system, the Tecno contains a frequency-imprinted solution that provides similar support, conducting positive energy to your body in a biologically friendly manner. Tecno targets each product to a different frequency, including Wi-Fi, computers and cell phones. (We have a limited number of Tecno cones for cell towers on our Website, www.cutcat.com. You can also download Tecno research from our site.)



Tecno Wi-Fi Cone \$189.95
Reduce the biological effects of wireless frequencies. Covers 1,000 square feet, measures 2 3/4" high. Attractive brushed-aluminum, ice-blue cone fits with any decor. No plug; perfect for travel.

Tecno Computer Protection \$89.95
Two or more, \$83.95 each



Stay safe while you work!
Designed for computers (both full-size and laptop) as well as flat-screen TVs, the Tecno "LCD" attaches with adhesive backing. Ice-blue, bar-shaped device, 2 1/4" long.

Tecno Cell Phone Protection \$61.95
Two or more, \$54.95 each



Help protect against the harmful signals emitted by cell phones. New round design is thinner than the original. Works with Bluetooth and the newer 4G frequency. Attaches to phone with adhesive backing.

RF Shielding Foil \$40 per foot
10 or more feet: \$30 per foot

NEW!



Protect your home from radio frequencies with RF Shielding Foil. Aluminum-based material is designed to block digital signals (both analog and pulsed) from sources such as microwave transmitters, cell phone towers, your neighbors' Wi-Fi signals and smart meters. Although it can be used for spot-reducing problem areas, this flexible and lightweight foil is best for new construction and renovation. It can be applied under drywall, shingles, stucco, plaster and more. Ideal for attics. Weather resistant, tearproof, nontoxic. Four feet wide. **This item is custom-cut and not returnable. This foil is for RF shielding only; for EMF-blocking Mu Metal, see our Website.**

CLARUS PRODUCTS

Enhance your biofield with Clarus' pendants and EMF devices.

Q-LINK®

Sympathetic Resonance Technology (SRT), a proprietary system based on years of research, covers an array of frequencies that support and

enhance the biofield. The devices act like a tuning fork, resonating with your biological energy to boost vitality and fight stress caused by EMFs. They contain a patented resonating wafer (about the size of a watch battery), which conducts subtle energy and converts it to more coherent states; and a copper coil that functions like an antenna to strengthen the size of the positive field. Users report enhanced energy and better focus when wearing Clarus. Many golfers swear it improves their game!



Clarus Q-Link Clear \$24.95 **NEW!**

A phone tab in hot colors even your teenager will love! The Clear disc is designed for cell phones and other electronic devices such as MP3 players and iPads. Attaches with adhesive backing. Choose from black, teal or hot pink.



Back of SRT-3

Clarus Q-Link Pendants

Research-backed technology in a pendant! Clarus offers several designs. Original Classic (left photo) has copper coil and "motherboard" design on front. Stronger SRT-3 pendants feature the distinctive "Q" logo on front and copper coil on the back. Designed by internationally renowned typographer Neville Brody. Comes in black, white or blue, all with black waxed-cotton cord.

Q-Link Classic: \$39.95

Q-Link SRT-3: \$99 (Specify Black, White or Blue)



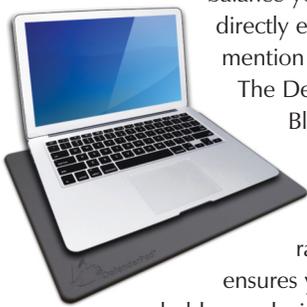
Quantum EMF Pendant \$49.95

Learn firsthand how "scalar energy" can help you! The Quantum Pendant is imprinted with a specific type of wave formation that has beneficial effects on the body's cells. This energy helps to neutralize negative frequencies, restore and maintain energetic balance within your body, and recharge your biofield. Round, lightweight pendant is made from natural minerals that are fused and structurally bonded together at a molecular level. Black with embossed design; comes on adjustable black cotton cord. Packaged in gift box.

Check our Website for additional EMF products that we don't have room for in our catalog. Go to www.cutcat.com.

EMF & Geopathic Stress Protection

NEW! **Defender Pad Laptop Shield**
List Price \$99.99, OUR PRICE \$89.99



Reduce the risks from laptop radiation and heat! When you balance your computer on your lap, you're directly exposing yourself to EMFs—not to mention the heat you feel from the device.

The Defender Pad solves both problems!

Blocks the full-frequency spectrum of harmful fields, including Wi-Fi and Bluetooth; place it on your lap and you'll be protected from harmful radiation. Thermal-blocking technology

ensures your lap will stay cool! Study surface

hold your device securely. Use with a laptop, tablet, iPad or any electronic device. FCC-certified, lab-tested technology. (Test results are on our Website, cutcat.com.) Measures 12"W x 16"H. Weighs 1.8 lbs.



(From left:) Polished-finish tag, brushed-finish tag, logo pendant

Shuzi EMF Pendants

These artistic pendants strengthen your body, increasing your resistance to the effects of EMFs. Shuzi's patented system uses Nano Vibrational Technology (NVT), subtle vibrational frequencies programmed at the nano (molecular) level. The frequencies, which resonate with your body's own vibrations, are imprinted onto a chip. Two styles: Two-tone stainless-steel pendant with Shuzi logo plated in 18-karat gold comes on metal snake chain; titanium (brushed or polished finish) pendant with Shuzi logo etched on the surface comes on link chain. See Pet Products on page 35 for Shuzi pet tags and collars.

Shuzi Logo Pendant: \$99.99

Shuzi Tag Pendant: \$94.95 (Specify Brushed or Polished)

Silver Chains: See our Website, cutcat.com, for sterling-silver snake chains that can be worn with the Shuzi and Earth Energy pendants. Chains come in two lengths and two widths, and range from \$29.95 to \$59.95.



Tachyon Earth Energy Pendant

List Price \$149, OUR PRICE \$125

Pendant transfers subtle energy to your body. The patented Tachyon bead is set in a silver-and-nickel rod. The marriage of these technologies results in a high-energy antenna to the universe, capturing cosmic energy from the atmosphere around you, as well as your life-force energy (chi). Helps with EMF stress and energizes the thymus. Can also be placed on tense areas of the body to clear blocked energy. Comes with silk cord; silver chain available on our Website.

AEGIS GUARD PROTECTION

Shield your clothing, rooms, products and phones from radiation! AegisGuard's patented process deflects certain electromagnetic fields away from your body, providing up to 99.998% blocking effectiveness. (See our Website, cutcat.com, for test results.) Three easy ways to help protect yourself:

AegisGuard Shielding Sprays & Additives



Laundry additive: Radiation-shield your clothes just by washing them!

Add this unscented powder to your final rinse; won't affect clothing color or texture. For machine or hand wash. Sodium bicarbonate base; hypoallergenic and fragrance-free. 1-lb. container does 20 loads.

Paint Additive: Mix with primer and protect any room. Won't affect coverage or drying time. Can be used

with interior and exterior paint, water-based latex and acrylic primer. 4-oz. container treats a gallon of paint. Contains ethylene glycol.

Spray: Use this on any radiation-emitting product and get help with negative frequencies! Ideal for cell-phone and computer radiation. Odorless and colorless, safe for electronics. Just spray it on! One- or two-ounce spray bottle.

AegisGuard Laundry Additive: \$44.95

AegisGuard Paint Additive: \$129.95

AegisGuard Spray: 1 oz. \$39.95, 2 oz. \$74.95

AegisGuard Headset Shields



Limit the amount of EMFs conducted by your headset.

Provides up to 98% shielding effectiveness, using the company's patented technology

to deflect electromagnetic fields away from your body. (Please note that this product attaches to your existing headset; it is not a headset.) Two varieties: Headset Wire Shield consists of two small squares that clamp directly onto the wire; radiation-deflecting sponge Earbud Covers fit over the earpieces on your headset. Or get a combo package with both items.

Headset Shield: \$29.95 Earbud Covers: \$24.95

Headset Shield With Earbud Covers: \$37.95

Which EMF Product Do I Need?

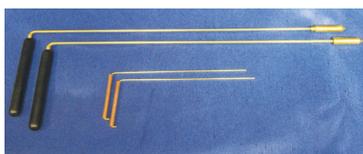
👉 For the *entire home*: For general protection, choices are **Total Shield** and **Stetzer Filters**. Total Shield handles EMFs; Stetzer filters combat radio frequencies ("dirty current") that result from building wiring and electronic devices. Also see **Tecno cones** for various types of energy.

👉 For placement in *specific areas* or on *specific objects*: **Mini Harmonizer**, **Aegis products**, **Three-Hole Resonator**, **G-33 Smog Buster**, **Tri-Pak**, **Clarus Clear**, **Tecno Cell** or **LCD**.

👉 For *personal protection* anywhere you go, you can purchase a special piece of jewelry or an item you can carry with you. These include the **Micro Harmonizer**, **Tri-Pak** or any of the pendants in the EMF section.



To dows is to search with the aid of a hand-held instrument, such as a forked stick, a pendulum or L rods, for any substance—water flowing in underground streams, a vein of minerals, a pool of oil, a buried utility pipe, even a missing item or person. It is also the primary method of determining geopathic zones. Also called “water witching” or “divining,” dowsing is a powerful tool in trained hands. We offer books and tools to help you understand the process. To learn more, join the American Society of Dowsers and attend its dowsing schools.



Dowsing Rods
Full-size, handmade brass L rods have weighted tips to improve balance. Black wood handles; rods are

13¾" long. Mini rods (5¾" long) are copper with brass handles. Great for travel; fits in your pocket.

L Rods: \$44.95 Mini L Rods: \$16.95

Pendulums

High-quality, handmade brass pendulums imported from Europe. All models come on replaceable black cotton cord.



Tear drop: \$22
.6 ounces,
1" long

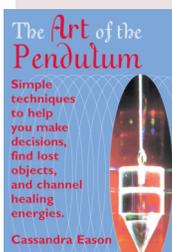


Small Triangle: \$20
.2 ounces, 1" long
Large Triangle: \$22
.7 ounces, 1½" long

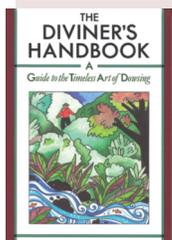


Small Karnak: \$30
.5 ounces, 1⅞" long
Large Karnak: \$36
1.4 ounces, 2¾" long

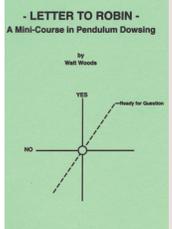
Dowsing Books



The Art Of The Pendulum
List Price \$14.95, OUR PRICE \$13.50
By Cassandra Eason
A primer on pendulum divination. Includes chapters on dowsing for decisions, finding lost objects, remote dowsing, locating geopathic stress zones and other earth energies, searching for water, identifying health issues, and lots more. (131 pages)



The Diviner's Handbook
List Price \$12.95, OUR PRICE \$11.50
By Tom Graves
A great introduction to all forms of instrument dowsing. Basic instructions in using the pendulum, Y rod, L rods and the bobber, as well as practical applications to everyday life. (190 pages)

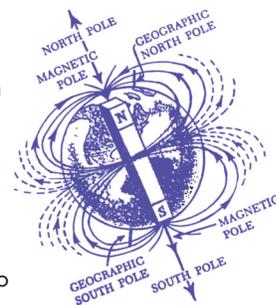


Letter To Robin \$6
By Walt Woods
Revised many times over the years, this classic booklet teaches you how to program your subconscious (which can get in the way) to support your dowsing. Includes pendulum charts. (Spiral-bound, 19 pages)



Biomagnetism is a growing area in the United States holistic marketplace. While the American pioneers of this science, Albert Roy Davis and Walter Rawls, made many discoveries starting in the 1930s, other countries implemented their research for health applications. Biomagnetism is used in France, Russia, China and India, to name just a few, and is a billion-dollar industry with government sanction in Japan.

We carry a wide range of magnets in many shapes and sizes, plus magnetic jewelry, supporters and mattress pads. All our magnets are magnetized with biomagnetic north pole on one face and biomagnetic south pole on the other. They are also marked on one or both sides (depending on the magnet), so you'll always be sure you're using the correct side. Generally, north is used to sedate (e.g., for pain and inflammation) and south to stimulate.



An important note on magnetic poles: Biomagnetic poles are the opposite of geographic poles. Most physics books and the National Bureau of Standards designate the north-seeking pole as north and the south-seeking pole as south. However, biomagnetic north is the south-seeking pole (remember, opposites attract) and biomagnetic south pole is the north-seeking pole. Therefore, if a magnet points toward the north, that side of the magnet is actually the south side.

CERAMIC MAGNETS

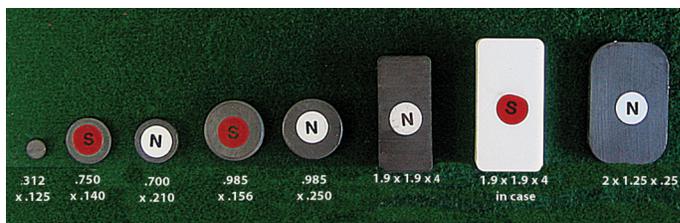
Use these versatile magnets anywhere on your body. They're economically priced and come in a variety of shapes, sizes and thicknesses for different applications. All ceramics have an average Gauss strength of approximately 3,800. (Please note that this is an average rating; small magnets have a lower Gauss, while larger ones are higher.) Several sizes are available in a permanent hard case to prevent breakage and chipping.



2 x 4 ceramic in hard case

Ceramic Rounds

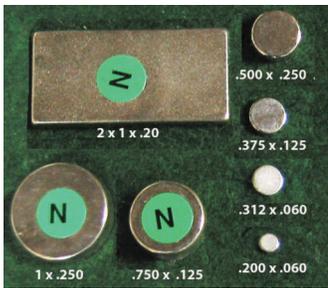
Magnet Size	Price	Quantity Discounts	
.312" x .125"	55¢	6-11: 45¢	12+: 35¢
.700" x .210"	65¢	6-11: 55¢	12+: 45¢
.750" x .140"	65¢	6-11: 55¢	12+: 45¢
.985" x .156"	\$1	6-11: 85¢	12+: 60¢
.985" x .250"	\$1.50	6-11: \$1.25	12+: \$1
1.25" x .250"	\$1.75	6-11: \$1.50	12+: \$1.25



Ceramic Rectangles

Magnet Size	Price
1.9" x .9" x .4" ("Domino" magnet) Quantity Discounts: 6-11: \$1.25 12+: \$1	\$1.50
1.9" x .9" x .4" In Plastic Case Quantity Discounts: 6-11: \$2.50 12+: \$2	\$3
2" x 1.25" x .25" Quantity Discounts: 6-11: \$1.75 12+: \$1.25	\$2
2" x 4" x 1/2"	\$12
2" x 4" x 1/2" In Plastic Case	\$40
2" x 6" x 1/2"	\$15
4" x 6" x 1/2"	\$30
4" x 6" x 1"	\$55

Neodymium Magnets



These strong magnets are 8 to 10 times more powerful than comparable sizes in ceramics. Made from neodymium, a rare-earth element. All neos are nickel plated for protection against chipping. They come in a variety of sizes and shapes; mini rounds are perfect for placing on acupressure points.

Magnet Size	Price	Quantity Discounts
.200" x .060" Mini Round	\$1	6-11: 75¢ 12+: 50¢
.312" x .060" Mini Round	\$1.50	6-11: \$1.25 12+: \$1
.375" x .125" Mini Round	\$2	6-11: \$1.75 12+: \$1.25
.500" x .060" Round	\$1.50	6-11: \$1.25 12+: \$1
.500" x .125" Round	\$3	6-11: \$2.50 12+: \$2
.500" x .250" Round	\$5	6-11: \$4.50 12+: \$4
.750" x .125" Round	\$6	
1" x .125" Round	\$10	
1" x .250" Round (Super Magnet)	\$20	
1" x .250" Round In Plastic Case	\$25	
2" x 1" x .20" Rectangle	\$15	

Plastiform Magnets



Flexible strips are very convenient for areas that are hard to cover with regular magnets. They can be cut into different shapes for any part of the body. Or place the entire strip into a sock so you can

comfortably hold it over the affected area. The material has a Gauss rating of 800.

Plastiform Magnet, 12" x 2" x 1/8": \$12

Plastiform Magnet, 12" x 3" x 1/8": \$15

These statements have not been evaluated by the Food and Drug Administration. Magnets are not intended to diagnose, treat, cure or prevent disease. Consult your healthcare practitioner before using.



Paper Tape

Wear magnets without using Band-Aids! "Paper tape" (also called surgical tape) is strong yet tears as easily as paper, making it easy to remove. Holds magnets on your skin without leaving sticky residue; comes off painlessly. Hypo-allergenic and breathable. Use it for holding gauze on your skin too! Tan color; 30-foot roll with choice of 1/2" width for use with smaller magnets or 1" wide for larger magnets.

1/2" thickness: \$1.95 1" thickness: \$2.95

Magnetico Mattress Pads



Close-up view of Magnetico magnets

The only mattress pad that delivers a consistently pure negative (north pole) magnetic field, distributed evenly over the entire bed. Other pads have design flaws

that cause gaps where positive (south pole) energy, which can be harmful, enters the body. On a Magnetico, hundreds of 3/8" x 7/8" x 1 7/8" rectangular ceramic magnets are arranged so that the pad acts like one large magnet, replicating the Earth's natural magnetic field. The pad (1 1/2" thick for Classic, 1.375" for Core) fits under your mattress for a consistent north pole field.



Available in several strengths; prices below are for Classic 5-Gauss.

See our Website for stronger pads; these have a 10-gauss field and can be put together for a 20-Gauss strength.

Shipping costs vary by location and model; call or e-mail for quotes. Magnetico also makes custom pads for cribs, children's beds and in specific sizes. **Please note that Magnetico imposes a 10 percent restocking fee on returns; see Website or call for return-policy details.**

MAGNETICO CLASSIC SLEEP PAD (5-GAUSS FIELD)

Twin, 39" x 74", 384 magnets: **\$510**

Double (Full), 54" x 74", 544 magnets: **\$680**

Queen, 60" x 80" magnets, 665 magnets: **\$840**

King, 76" x 80", 840 magnets: **\$1,000**

See page 35 for Magnetic Pet Pads.

What Magnetism Can Do For You (DVD) \$10

A lecture presentation by Dean Bonlie, founder of Magnetico Sleep Pads (see above), who discusses the theories of how magnetism affects the body and the benefits of a properly designed magnetic mattress pad. (DVD, 47 minutes)

Magnetic Products



Magnetic Knee Support \$19.95

Get relief from knee pain. Tube-shaped supporter slips over leg to support the knee area. Made of stretch nylon, elastic and acrylic, it has 32 1,000-Gauss north-pole magnets sewn inside. Tan color; all sizes approx. 10" long. *Circumference numbers indicate size when stretched; measure your knee*

when bent at a 90-degree angle.

**Medium: 14" Large: 14.5" X-Large: 15" XXL: 16-17"
3X: 17-18" 4X: 18-19"**



Magnetic Elbow Support \$15.95

Ease elbow pain. Tube-shaped supporter slips onto arm to support elbow area. Stretch fabric of nylon, elastic and acrylic, with 18 1,000-Gauss north magnets. Tan color; all sizes 9" long. *Circumference numbers indicate size when stretched. Measure elbow*

when bent at a 90-degree angle.

Medium: 8" Large: 9" X-Large: 10"



Magnetic Wrist Support

Soothe wrist discomfort. Adjustable support with 1,000-Gauss north magnets wraps around wrist for firm support. Nylon, elastic and polyester with cotton-pile lining, Velcro closure.

10 1/2" long, two widths: 3" with 9 magnets and 4", which is stronger with 15 magnets. Beige.

Regular (3"W): \$12.95 Large (4"W): \$15.95



Magnetic Ankle Support \$19.95

No more aching ankles! Beige fabric with 15 1,000-Gauss north-pole magnets wraps around ankle for firm support. Nylon/elastic/polyester with cotton pile lining, Velcro closure. 3" wide; comes in two lengths.

Regular: 21" Large: 24"

Magnetic Back Support \$39.95



Relax your back. Stretch belt tapers from 5" to 6" wide with 24 1,000-Gauss north-pole magnets, Velcro closure and inside pocket for placing an extra magnet. Combination of elastic, polyester and nylon; beige.

Medium: Up to 36"

Large: 36-41" X-Large: 41-47"



Magnetic Insoles \$12.95

Perk up tired feet. Soft green polyurethane foam insoles each have eight 800-Gauss magnets located at reflexology points. The combination of six north and two south magnets will stimulate and soothe your feet at the same time. Great for people who are on their feet all day. Cut to fit; lines indicate men's and women's sizes, 6 to 13.

These statements have not been evaluated by the FDA. Magnets are not intended to diagnose, treat, cure or prevent disease.

MAGNETIC JEWELRY

Wear therapeutic magnets in an attractive piece of jewelry. Our customers love them for targeting painful areas. See our Website for more, including fancy designs at closeout prices.

Magnetic Bead Jewelry

Each bead in these necklaces and bracelets contains an 800-Gauss magnet. Black bracelet stretches to fit; white bracelet is 7 3/4" with magnetic clasp. **More styles online at cutcat.com.**

N9002	White Faux Pearl Necklace, 18"	\$25
B9502	White Faux Pearl Bracelet, 7 3/4"	\$15
N9003	Black Hematite Necklace, 18"	\$25
B9503	Black Stretch Hematite Bracelet	\$10



Magnetic Wire Jewelry

Each bracelet and ring has two 400-Gauss magnets, one in each endcap. Adjusts to any size wrist or finger.

4030-A	Goldplate/Silverplate Wire Twist Bracelet	\$12
R603-A	Goldplate/Silverplate Wire Twist Ring	\$8
4030-B	Black/Goldplate Wire Twist Bracelet	\$12
R603-B	Black/Goldplate Wire Twist Ring	\$8



Magnetic Tricolor Jewelry



Goldplate, silverplate and copper stripe bracelet has six 1,200-Gauss magnets (three at each end). Two

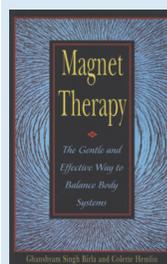


sizes: Women's is 7" in circumference and men's is 8". Matching ring contains two 1,200-Gauss magnets. Both adjust to any size wrist or finger.

4005 Tricolor Bracelet (Specify Women's or Men's): \$15

R607 Tricolor Ring: \$10

More styles and closeouts are on our Website at cutcat.com.



Magnet Therapy: The Gentle And Effective Way To Balance Body Systems

List Price \$12.95, OUR PRICE \$11.50

By Ghanshyam Singh Birla and Colette Hemlin

Learn why magnets increase oxygenation in the blood, reduce pain, enhance cellular regeneration, and may even inhibit tumor growth. Includes the history of biomagnetics, health applications, how to magnetize water, and how to use magnets for symptoms

ranging from asthma to toothaches. (146 pages)

Full-Spectrum Lighting

Dr. John Ott, a world-renowned time-lapse photographer and light researcher, discovered the benefits of full-spectrum lighting while shooting time-lapse pictures for a movie. He spent many days filming the development of a pumpkin from seed to self-pollination. While all the staminate (male) blossoms developed properly under cool-white fluorescent lights, the pistillate (female) blossoms dried up and fell off the vine before pollination. The next time Dr. Ott filmed this process, he changed the fluorescent tubes from cool white to daylight white, and the opposite happened: All the pistillates developed properly, but the staminate shriveled and fell off. Only when he used full-spectrum light did all the seeds develop properly.



This began Dr. Ott's research on light and its effects on plants and the human body. (Much of this research is discussed in his book and DVD, listed on page 21.) Dr. Ott's first product was the

Vita Lite, which he later improved by increasing the life of the ultraviolet (UV) component and adding lead tape around the ends to reduce X-radiation. Our fluorescent ceiling tubes (available online) have lead tape wrapped around the ends; we don't know of any other distributor who sells them this way!

Because plastic diffusers (covers), which typically are used with fluorescent-tube ceiling fixtures, block most of the benefits of full-spectrum light, we suggest replacing the covers with parabolic "egg crate" diffusers (open-grid covers) to allow full-spectrum light to get through. Diffusers are available at electrical supply stores.

Although true full-spectrum light is possible only with fluorescent bulbs, Chromalux bulbs are the next best thing if you want regular incandescent light. We also have a light box for seasonal affective disorder.

Chromalux Energy-Efficient Bulbs



Long-lasting Chromalux is the closest you can get to natural light in an incandescent bulb. If you prefer non-fluorescent bulbs or if a spiral fluorescent won't fit in your light fixture, this is the best choice. The "color-corrected" bulb comes from Finland, "Land of the Midnight Sun," where it's dark for six months of the year. These glare-free bulbs are made of special composition glass that

contains neodymium, a rare earth element used in lasers. This element is able to absorb yellow and other dulling components of the spectrum. As a result, the light is white and purified, allowing the values of the violet, blue, green and red components to be strengthened without producing an imbalance of one color over another. Colors appear brighter and more vivid; great for eyestrain-free reading and computer work. Silver inner reflector increases lumen

output; chromed brass socket prevents corrosion. You'll save energy too: Standard bulbs last approximately 700 hours;

Chromalux bulbs last for 4,000 hours! Globes are clear; other

bulbs have pink frosted exterior. **Get a discount on a six-pack!**



From left: Standard bulb, 40-watt globe, reflector (floodlight)

Aurora SAD Light Box \$299



Beat the blues! The Aurora light box is ideal for treating seasonal affective disorder (SAD), also known as "winter depression." Two 55-watt full-spectrum bulbs provide a powerful 10,000 lux, color-balanced and much brighter than standard indoor light (which can be as little as 50 lux). Flicker-free light. White metal box is covered by a glare-free lens. Measures 23"W x 12½"H x 4"D; weighs 10 pounds. Can be wall mounted (hardware not included) or placed on any surface. Convenient carry handle. Bulbs last for 20,000 hours. **(Shipping: \$25)**

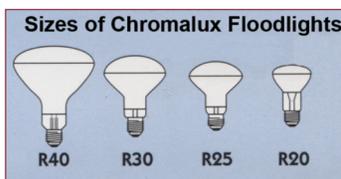
Standard Bulbs

40W (Globe): **\$9.95, 6 pack \$49.95**
 60W, 75W, 100W, 150W: **\$8.50, 6 pack \$40**
 3-Way (50-100-150): **\$11.95, 6 pack \$63**

Reflector Bulbs (Floodlights)

60W (R20): **\$17.50, 6 pack \$95**
 75W (R25): **\$17.50, 6 pack \$95**
 100W (R30): **\$17.95, 6 pack \$97**
 150W (R40, available in halogen only): **\$19.95, 6 pack \$108**
 60W Halogen Track Lighting: **\$15.95, 6 pack \$85**

Depending on the quantity, we can special-order other bulb sizes and halogen versions of these bulbs upon request.



Important Notice About Chromalux

 Because of upcoming Federal light-bulb regulations, regular incandescent bulbs are being phased out in favor of LEDs, halogen bulbs and compact fluorescents. Chromalux is considered a specialty bulb, so most of the products won't be affected by these regulations. However, Chromalux is also making halogen versions of its bulbs. They are the same shape as the current bulbs; only the filament is different. These can be special-ordered with a minimum order of a dozen. Pricing varies by size; call or e-mail for details.

Light & Color Therapy



Color and light healing have been practiced for centuries. Over the years, researchers have discovered the use of specific wavelengths for body work. Some of these "phototherapy" units provide electronic stimulation using monochromatic red light (660 nanometers), which studies have shown is the most effective at sedating pain and speeding up healing. Other devices use different colors to address health conditions and moods. Because each color vibrates at a specific frequency, as do the body's glands and organs, colors can be matched to specific parts of the body. Colors also stimulate the pineal glands, which regulate hormone function.

At one time, these technologies could be delivered only with a soft laser, which is restricted to medical supervision. But with recent improvements in light-emitting diodes (LEDs), they can be provided in a form anyone can use. In addition to pain relief, applications include acupuncture point stimulation, meridian balancing, stress relief, mood enhancement and facial toning. We carry a variety of products, including hand-held light therapy units, colored glasses and light therapy pads. **You can see additional light and color therapy items and books on our Website, www.cutcat.com.**



Color Therapy Glasses

Reap the benefits of color therapy just by wearing these glasses! When color signals are sent to the brain, they stimulate the pineal glands, which regulate hormone function. In addition, each color vibrates at a specific frequency, as do the body's glands and organs. Color glasses can be used for a variety of purposes, including relaxation, reducing stress, boosting energy and easing depression. Many people also use them for physical conditions. Glasses are sold individually; in a set of 7 colors (violet, indigo, blue, green, yellow, orange and red) and a set of 9 colors (adding magenta and turquoise). Plastic frames and lenses. Comes with color reference sheet. For more

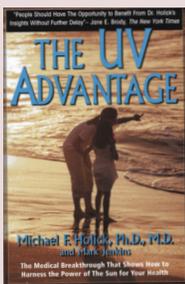
information on what color therapy glasses can do, read one of our books on color, or go to our Website, www.cutcat.com, to download the color sheet.

Color Therapy Glasses: \$12.95 each

Set of 7 Glasses (Violet, Indigo, Blue, Green, Yellow, Orange, Red): \$69.95

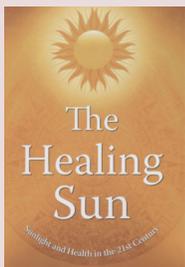
Set of 9 (7 colors above plus Turquoise & Magenta): \$89.95

Books And DVDs On Light & Color



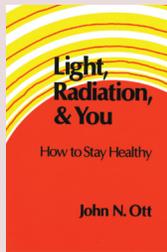
The UV Advantage
List Price \$14.95, **OUR PRICE \$13.50**
By Michael Holick, MD
Learn the truth about the healing power of the sun! This extensively researched book explains how moderate exposure to natural and artificial UV light safely aids the body in making Vitamin D, an essential nutrient. Discusses facts and myths about skin cancer, how to

check for and recognize cancers, how to get the correct amount of sun and alternative methods for getting vitamin D. Includes charts that tell you how many minutes of sun exposure are safe for you based on your skin type, your geographic location, the time of year and the time of day. (224 pages)



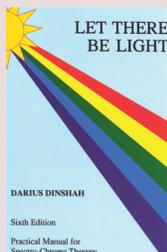
The Healing Sun
List Price \$15.95, **OUR PRICE \$13.95**
By Richard Hobday, PhD
Although the medical profession tells us to avoid sunlight at all times, there's a tremendous amount of evidence that sunlight has healing properties. Dr. Hobday, a physician in England, discusses how sunlight can actually help prevent and heal

many common diseases and health problems. Includes the history of how practitioners have used sunlight to help their patients, and how to spend safe time in the sun. (178 pages)



Light, Radiation, & You \$12.95
By Dr. John Ott

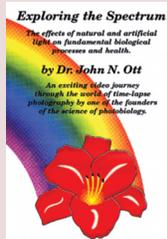
In this classic book on light, pioneering researcher John Ott discusses his experiments on how light (both natural and artificial) and other types of radiation affect the body. Also covers the proper use of light for optimal health. (199 pages)



Let There Be Light \$12.50
By Darius Dinshah

Complete description of the Spectro-Chrome color therapy system developed by the author's father, Dinshah Ghadiali. Includes detailed list of health applications and instructions for making your own therapy device using easy-to-find materials. Even if you don't want to

use the Spectro-Chrome system, the book is valuable as a guide to color therapy. (Hardcover, 160 pages)



Exploring The Spectrum DVD \$19.95
By Dr. John Ott

Dr. Ott's famous film encompasses his 30+ years of research on light and its effects on people, animals, plants and other living things. Shows his amazing time-lapse photography of flowers, trees and plants. Must viewing for those interested in the science behind light theory. (80 minutes)

Light & Color Therapy Bodywork

DioMedics Pain-X Therapy Lights



Model 500
5 Diodes:
3 infrared, 1 red,
1 green

Hand-held lights combine red and infrared with other colors for maximum power. Infrared heals deep tissue; red is for tissues and cells closer to the surface; green is designed to support the electromagnetic field that surrounds the body; orange helps relieve muscle hypertonicity (tension); and yellow activates the lymph and stimulates the sensory and motor nervous system. The combined effects are useful for soft tissue injuries, arthritis and other

joint problems; and for reducing pain. The Pain-X therapy line has FDA clearance for minor muscle and joint aches and pains, as well as for muscle relaxation. **Model 500 uses three AAA batteries; for other models you can choose from battery-operated, AC adapter, or both.** Each model has a different array of diodes; see photo captions for number of diodes and colors in each unit. All models come with 66-page color booklet and carry case.



Model 900
9 Diodes:
5 infrared, 4 red



Model 1900, 19 Diodes:
9 infrared, 4 red,
2 green, 2 orange,
2 yellow



Model 3800, 38 Diodes:
18 infrared, 10 red,
2 green, 4 orange,
4 yellow

Model 500: \$110 (battery only)

Model 900: AC \$199, DC \$275, Both \$329

Model 1900: AC \$395, DC \$430, Both \$485

Model 3800: AC \$535, DC \$570, Both \$625



Lumen controller (top),
Models 90 (left) and 264

Lumen Photon Therapy Pads

Just lie on these pads and let them do the work!

Lumen Photon Therapy™ pads use light-emitting diodes (LEDs) to produce different wavelengths in the near-infrared and visible red spectrums. These frequencies are helpful for joint and tissue healing, as well as pain relief. The FDA has approved these small yet powerful devices for increasing local circulation, reducing joint and muscle pain, improving range of motion, and muscle relaxation. Seven frequencies, plus an eighth setting that combines several frequencies. Improved controller with five timer settings. Made of soft, lightweight Neoprene™; runs on AC power. Carry case included.

Lumen Model 90, \$849: 4"W by 8"L, suitable for small areas of the body. Features 50 infrared diodes and 40 red diodes.

Lumen Model 132, \$999: 7½"W by 8½"L, with 72 infrared and 60 red LEDs.

Lumen Model 264, \$1,499: Measures 7½"W by 14½"L. Features 144 infrared diodes and 120 red diodes.

Lumen Dual, \$1,599: Two #132 pads, which allows treatment on separate areas simultaneously.

Anyone can learn bodywork techniques for use on both themselves and others. Acupressure, which is like acupuncture without needles, is based on the ancient Chinese theory that the body has energy points (meridians) which can affect organs. Pressure is applied to these points to move energy and bring about beneficial changes in the body. Acupressure is also used for muscle work.

Myotherapy is an American technique developed by the late Bonnie Prudden, who found that the systematic application of pressure over a wide area can release muscle spasms and eliminate painful conditions. We offer books, videos and tools to help you learn and practice these two types of bodywork, as well as massage and reflexology products.

Backnobber Retail \$41.95, OUR PRICE \$34.95



Give yourself a massage! The Backnobber's S-shaped curves let you apply deep pressure to stiff, tense and painful muscles. It's designed to be hooked over the shoulder or under the arm so that the end can be pressed into the muscles of the upper or lower back or neck. Made of durable polymer composite. Breaks down into two pieces for convenient storage or travel. Comes with 35-page illustrated guide. Colors vary depending on current stock.

Jacknobber \$8.95



An easy way to work on small areas of your body. This device resembles the toy used in the game of jacks. The knobs at each of its four points can be used in a variety of ways to



apply deep pressure to muscular trigger points. Place it against a wall or the back of an upholstered chair, and lean into it. Or use it on someone else! Made of polymer composite; colors vary depending on current stock.

Foot Massager \$12



This foot massager feels so good you won't want to stop using it! Designed by a reflexologist, the massager is designed to

stimulate all the points on the foot, which affect other parts of the body. Simply place your foot on top of the device and roll it on the floor. Great for getting tension out of tired feet at the end of the day. Or bring it with you to work and leave it under your desk so you can use it all day long! High-quality construction with hardwood handles and rubber roller.

Check our Website, www.cutcat.com, for additional items, more detailed product information, research studies, Web-only specials and closeout merchandise.

Bodywork Books & DVDs

ACUPRESSURE'S POTENT POINTS

A Guide to Self-Care for Common Ailments



MICHAEL REED GACH

Acupressure's Potent Points
List Price \$21, **OUR PRICE \$15.95**

By Michael Reed Gach
A complete guide for doing acupressure on yourself. The founder of The Acupressure Institute gives easy-to-follow, illustrated instructions for using this technique to relieve specific ailments. More than 500 illustrations. (251 pages)

Acupressure Stress Relief

For Easing Headaches, Shoulder & Neck Tension



Guided Self-Healing

routine for relieving headaches, neck pain and shoulder tension. (30 minutes) Shiatsu DVD teaches this Japanese massage method for all parts of the body. (60 minutes)

Zen Shiatsu DVD



Michael Reed Gach, Ph.D.

Acupressure Stress Relief & Zen Shiatsu DVDs
\$19.95 each

DVDs feature instruction from Acupressure Institute founder Michael Reed Gach. Acupressure DVD demonstrates an easy 20-minute self-healing

Sound Healing

Vibrational healing can have powerful effects on body, mind and spirit. Tuning forks enhance many treatment methods and are especially effective when applied to acupuncture points. The instruments access and nourish the chi (life force) flowing through the body. The forks' sound waves work like kinetic energy, moving disharmony and tension from your body while restoring a sense of well-being. We offer Ohm Therapeutics' book-and-CD set to teach you the process, as well as tuning forks for different uses. **More sound healing products are on our Website, cutcat.com.**

Introductory Sound Healing Set \$79.95



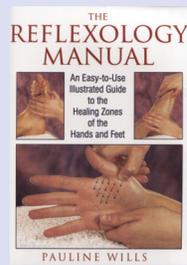
If you are new to sound healing, start with this package featuring Ohm Therapeutics' Mid-Ohm tuning fork. This 136.1-Hz sound wave can enhance breathing, relieve body tension and assist in meditation. Package also contains tuning-fork activator, instructions and "There's No Place Like Ohm" CD, combining sounds of nature and animals with wind instruments. This beautiful "sound odyssey" helps you resonate with the Ohm tone. Made of high-quality space-grade aluminum.

Made of high-quality space-grade aluminum.



Ohm Activator \$15

Use this to firmly strike the end of your tuning fork to activate vibration. Tapered with wider bottom for stability. Latex-free rubber. (Activating a tuning fork on the body is not recommended, as injury can occur.)



The Reflexology Manual
List Price \$19.95, **OUR PRICE \$17.95**
By Pauline Wills

According to reflexology, the hands and feet are connected to the body, containing points and zones that relate to individual glands, nerves, muscles and organs. This guide offers excellent instructions on how to practice reflexology on yourself and others.

Includes color photographs and diagrams of the hands and feet, superimposed on diagrams of the mirrored organs and body structures. (144 pages)

Pain Erasure: The Bonnie Prudden Way



List Price \$16.95, **OUR PRICE \$15**
By Bonnie Prudden

How-to book teaches you myotherapy, the technique of applying pressure on specific areas to release muscle spasms and eliminate pain. Get relief from arthritis, headaches, backaches, bursitis and more! Clear illustrations and diagrams. (274 pages)



Ohm Octave Set \$110

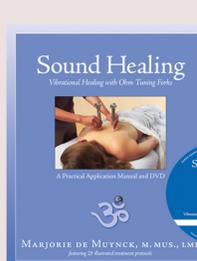
Try two different vibrations with this set! The Low-Ohm tuning fork (68.05 Hz) has a deep and earthy reverberating quality; Mid-Ohm (136.1 Hz) both relaxes and energizes. Helps create movement to clear blockages and move stagnant energy. Use on tight muscles, plus reflexology and acu-points. Also contains tuning-fork activator, overview of sound healing and 8-page instructional booklet. Made of space-grade aluminum. (Mid-Ohm fork also available in Introductory Set; see column at left.)



High-Ohm Octave Set \$89.95

The high-ohm octave is ideal for restoring balance to the body's energetic field, and for clearing and resetting the energy of a room. These tuning forks produce a soothing, therapeutic sound. Great for use during yoga, as well as massage and other treatment sessions. Set of two High-Ohm tuning forks (272.2-Hz and 544.4-Hz frequencies) with 8-page instruction booklet. Space-grade aluminum.

Sound Healing: Vibrational Healing With Ohm Tuning Forks \$59.95



By Marjorie de Muijnck

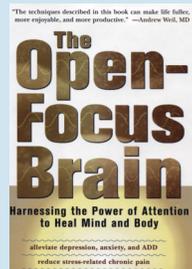
Discover the power of sound and learn how to use tuning forks on yourself and others. The book covers how sound healing works, with 25 illustrated treatment protocols.

Instructional DVD demonstrates techniques for tuning-fork applications and 20 treatment protocols. (116 pages with 26-minute DVD)

The field of mind-body healing (also called psychoneuro-immunology) focuses on the connection between the two. Western medicine takes the Cartesian view that mind and body are two separate, mutually exclusive entities. In recent years, more people have begun to embrace the idea that there is indeed a mind-body connection.

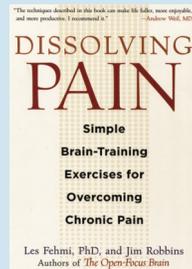
OPEN FOCUS

Beat stress and pain with this method! Les Fehmi, a pioneer in the biofeedback field, has spent more than 40 years showing people how to switch from a “narrow” focus—a tense and stressful mode—to an “open” one in which the senses are fully engaged. This wide-open state has powerful effects on both mind and body. These books and CDs show you how to put the theory into practice.



The Open-Focus Brain List Price \$18.95, OUR PRICE \$14.95

By Les Fehmi, PhD, and Jim Robbins
Learn how to shift to a calmer and more open state of being to improve your health and enhance performance. These methods can be used to manage stress and even to overcome depression and anxiety. The book includes eight essential mind exercises, plus a 60-minute audio CD featuring the author guiding the listener through the techniques. (192 pages, plus CD)



Dissolving Pain List Price \$19.95, OUR PRICE \$15.95

By Les Fehmi, PhD, and Jim Robbins
Once you master the technique outlined in *The Open-Focus Brain*, move on to this primer on using the method to relieve acute and chronic pain. Based on the premise that pain resides in the brain rather than the body, Dr. Fehmi's book explains how to change your

brain's signals using simple “attention exercises.” Comes with 65-minute audio CD featuring the author guiding the listener through general and pain-reducing exercises. (179 pages, plus CD)

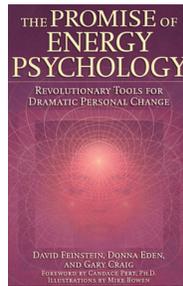
Open Focus CDs



Audio CDs guide you through the Open Focus methods. The series consists of three levels, each one building on the previous level. Six CDs per level. **Level One** includes an introduction to the method, visualization exercises, dissolving physical and emotional pain, and exercises for head, neck and hands.

Level Two features more advanced techniques to reduce different types of pain (including two CDs on emotional issues), and to help you use Open Focus in your daily life. **Level Three** includes optimizing performance, using the senses more effectively, and guidance for independent practice. Buy more than one set and save!

1 set: \$79.95, 2 sets: \$139.95, 3 sets: \$199.95

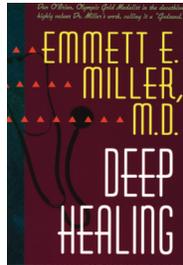


The Promise Of Energy Psychology List Price \$16.95, OUR PRICE \$14.50

By David Feinstein, Donna Eden and Gary Craig

Work with your body's meridians to address both physical and psychological issues. David Feinstein and Donna Eden, who have been working in this area for years, teamed up with Emotional Freedom Technique (EFT) founder Gary Craig to

write an introduction to this field. Explains how EFT works; gives real-life examples of how it helps people; and includes exercises, using both EFT and other techniques, that will help you draw on your body's energy. (319 pages)



Deep Healing \$12.95

By Emmett Miller, MD

A comprehensive overview of mind-body healing. Dr. Miller, one of the pioneers in this field, covers techniques, case histories and step-by-step instructions for 12 self-directed healing programs. Positive affirmations, visualization, relaxation and much more. (401 pages)

Guided Imagery For Self-Healing

By Martin Rossman, MD



This 280-page book includes nine imagery skills and scripts to help you practice relaxation methods and exercises for healing. Four CDs cover all the scripts in the book, including visualization for medical self-care, basic relaxation skills, healing images, meeting your inner advisor and listening

to your symptoms. The CDs help you relax physically and mentally, increase awareness of your inner resources, and help you support your healing goals.

Guided Imagery Book: List Price \$15.95, OUR PRICE \$13.95

Guided Imagery CDs: \$59.95

Buy the books and CDs together for \$67.95 (Save \$6)

How To Connect With Us

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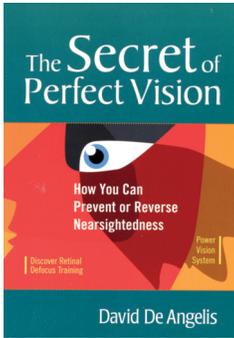
■ **Join our e-mail list.** We send special offers to our e-newsletter subscribers. We promise we won't overwhelm you with messages, and we never sell or rent our list to anyone! Sign up on our site or call us at (800) 497-9516.



The Secret Of Perfect Vision

List Price \$17.95, OUR PRICE \$15.95

By David De Angelis



While searching to improve his own nearsightedness, the author (an expert in muscular dynamics) found studies showing that working the ocular muscles can “re-educate” the eyes. Learn these “Power Vision System” techniques for reversing myopia, strengthening your focusing abilities and improving eye coordination. Combining the scientific research in this field with practical exercises, this book explains how you

NEW!

can even prevent nearsightedness before it happens. The author reversed his own myopia, and you can too! The methods also work for farsightedness. (233 pages)

The Cambridge Program for Better Vision



Improve your eyesight the natural way with this kit! Thousands of people have spent \$300 to attend Cambridge’s weekend seminars; you can do it at home and at your own pace! Combines eye exercises, muscle-control techniques, body

relaxation and guided visualization into an easy-to-use holistic system. No matter how long you have worn glasses or how poor your eyesight is, the Program for Better Vision can help you. Kit includes two CDs, beaded “fusion string” for eye exercises, 80-page guide and eye chart. The 202-page *Program for Better Vision* book is an excellent complement to the program; buy both at a special price! You can also save when you buy the kit with pinhole glasses (below).

Cambridge Program: Retail \$49.95, OUR PRICE \$39.95

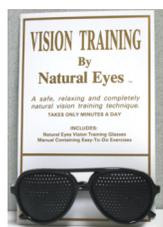
Cambridge Program Book: \$19.95

Cambridge Program With Book: \$49.95 (Save \$10!)

Cambridge Program With Pinhole Glasses: \$54.95 (Save \$5!)

Natural Eyes Pinhole Glasses \$19.95

Reduce your dependence on corrective lenses. Pinholes focus the light directly on

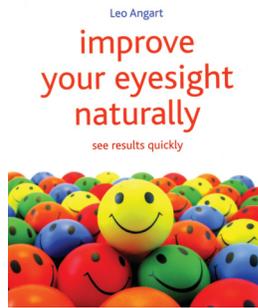


your retina, allowing you to see clearly without using your ciliary muscle. Can be used for both near- and farsightedness. Pinhole glasses work best when part of an overall vision improvement method such as Cambridge.



Clockwise from left: Black frames, green/purple frames, bifocals

Available with black or two-tone green/purple frames, as well as bifocal size for reading (light-brown frames); comes with full-size eye chart and 12-page booklet of eye exercises. The pinhole glasses are also available with the Cambridge Program Kit (above) at a discounted price.



regain your natural eyesight. The method addresses near- and farsightedness, astigmatism, eye coordination issues, amblyopia (lazy eye) and strabismus (crossed eyes or otherwise unaligned eyes). (240 pages)

Improve Your Eyesight Naturally

List Price \$27.95, OUR PRICE \$24.95

By Leo Angart

Most vision problems can be improved by following the exercises in this book. Simple tests assess your vision level and monitor your improvements. Tone your eye muscles, release tension and build up energy in order to

NEW!

The Read Without Glasses Method DVD \$29.95



Get rid of your “readers”! Optometrist Ray Gottlieb demonstrates a series of easy eye exercises that, when practiced regularly, will sharpen your near-vision. Whether you’re just starting to have trouble seeing print up close or you already have reading glasses, this program will work for you. Comes with two eye charts (one full size and one travel size). Created with Martin

Sussman, developer of the Cambridge Program (see column at left). (30 minutes)

Curamin Anti-Inflammatory Supplement

Reduce pain now with this powerful pill! The main ingredient

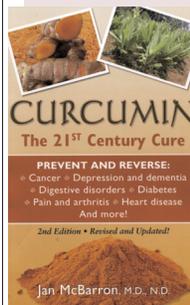


in this supplement is curcumin, extracted from turmeric. This brand’s special formula is up to 10 times stronger than other curcumin products. The spice’s anti-inflammatory properties make it an excellent choice for easing pain, supporting the body’s immune and cardiovascular system, and aiding resistance to free-radical activity. Blended with three other powerful ingredients: boswellia, a plant with anti-inflammatory properties; nattokinase for promoting

blood flow; and dl-Phenylalanine, an amino acid associated with positive mood and muscle-pain relief. Each cap provides 2,181 mg. of this proprietary blend. 60 or 120 capsules. (If you are pregnant or nursing, consult a practitioner before using.)

60 capsules: List Price \$38.95, OUR PRICE \$31.15

120 capsules: List Price \$66.95, OUR PRICE \$53.55



Curcumin: The 21st Century Cure \$4.95

By Jan McBarron, MD, ND

Read about this powerful compound (derived from turmeric) and how it can prevent and even reverse many health conditions, including arthritis, fibromyalgia and other inflammatory diseases. Expanded second edition with information on new research. (60 pages)

NEW!

African Red Organic Rooibos Tea

List Price \$39.95, OUR PRICE \$34.95



Herbal red bush (rooibos) tea is not only a caffeine-free pick-me-up, it's good for you too! Actually an herb prepared

in tea form, this concentrated powder is packed with minerals including potassium, calcium, copper, zinc, magnesium and iron. Rooibos also contains alpha-hydroxy acid, known to promote healthy skin. The African Red Tea brand has been harvested using a water process without chemicals or alcohol. Mix into cold or hot water. Organically grown and kosher. 50-gram glass bottle (1.6 ounces).

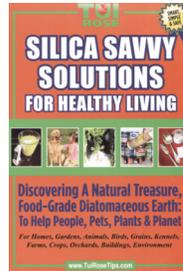


NEW!

Silica-Savvy Solutions For Healthy Living

List Price \$29.95, OUR PRICE \$23.95

NEW!



By Tui Rose

Find out about more than 100 things you can do with diatomaceous earth! You'll learn how to apply it in the home and garden, and how to use it on both people and animals. You'll be astonished at what you can do—from taking it as an internal cleanser to controlling pests to polishing silver! Includes how to choose the right kind of DE, health risks of pesticides, and testimonials. Expanded version of *Going Green With DE*. (435 pages)

WISDOM OF THE AGES SUPPLEMENTS

Wisdom of the Ages makes unique supplements using only the highest-quality ingredients. Formulated by a nutritionist, these products contain unusual herbal combinations designed to address different health issues.

Advantage Liquid Concentrate \$17.95



A natural formula combining grapefruit seed extract (GSE) with green tea and jasmine tea, Advantage Liquid Concentrate (ALC) is a powerful addition to your healthcare regimen. When GSE is mixed with these two tea extracts, the result is a more biologically active liquid. Green tea is rich in the antioxidants beta carotene and bioflavonoids, and jasmine tea contains catechins, another antioxidant. Mix with water. 2-ounce glass dropper bottle.

Formula BAC \$39.95



The herbs in this tincture have been used in China for thousands of years to assist the body with balancing blood- and circulation-related issues. BAC helps maintain heart health and can aid in balancing cholesterol. 2-ounce glass dropper bottle. *Ingredients:* Carthamus tincture, prunus persica, salvia miltiorrhiza, angelica sinensis, ligusticum wallichii, rehmannia glutinosa, paeonia lactiflora, cyperus rotundus, corydalis yanhusuo, citrus reticulata (Mandarin orange), chelated copper, grain-free alcohol.

Momordica \$21.95

A natural aid for blood-sugar problems! Momordica, a sweet melon found in India, Asia and South America, is used to help balance blood-sugar issues in the body. Because this supplement decreases the absorption of sugar from food and increases the amount of glycogen kept in the liver for use by the muscles, some people use it as a sugar substitute. Other uses include coughs and chronic bronchitis. Available in drops (2-ounce glass bottle) or 90 capsules.

Specify Drops (2-oz. bottle) or Caps (90 per bottle)



DIATOMACEOUS EARTH



Diatomaceous earth (DE) is widely used to support immune-system function and promotes healthy skin, nails and hair. Binds with toxins to remove them from the



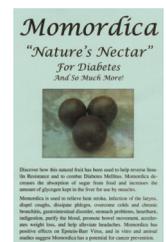
body and can be effective at killing parasites. Rich in natural silica and 14 other trace minerals, DE is derived from fossilized diatoms, a type of plankton. We offer two food-grade products: Wisdom of the Ages' special formula with inositol (which is part of the B-complex vitamin family and essential for bodily functions), and a DE-only version in a larger size. Both come from freshwater deposits. Mix with water or juice. The plain

DE also can be used for organic pest control, a supplement for animals, and more. (See book above for more uses.)

ToxiClenz With Inositol, 10-oz. jar: \$19.95
Plain Diatomaceous Earth, 2.5-lb. jar: \$19.95

Wisdom of the Ages Booklets

These booklets are full of information about Wisdom of the Ages supplements and their many uses. Includes consumer testimonials. Each booklet is \$3.



On your first order of two of the same Wisdom of the Ages supplement, the corresponding booklet is free.

The Medicine Cabinet in a Bottle (ALC) (40 pages)
The ToxiClenz Report (36 pages)
Cardiovascular Health in a Bottle (BAC) (28 pages)
Momordica: Nature's Nectar for Diabetes (24 pages)

Del-Immune V



Increase your resistance to illness! Do you get sick often? Or do you simply want to ensure that your immune system is always in tip-top shape? Del-Immune V can help. It's made from lactobacillus rhamnosus, a unique bacterial strain that is lysed—which means that the live cell is destroyed, leaving smaller cell-wall fragments. Research has shown the positive impact of these cell fragments on the immune system. Our

customers take Del-Immune to ease a variety of conditions, including colds and sinusitis. 100 capsules, 25 mgs. each; **and a new stronger capsule of 100 mgs. each**, available in a 60-cap size. A 1,000-capsule bottle of 25-mg. caps is available by special order. If you use this supplement regularly, this is an economical size: Your cost per capsule goes from almost 50 cents to 32 cents!
25-mg. strength: 100 caps \$49.50, Two or more \$42.50 each
Value Size, 1,000 caps: \$325
100-mg. strength: 60 caps \$55, Two or more \$46.75 each

Check our Website! We cannot accommodate all of our products in the catalog. Our site has additional items, along with more detailed product information and research studies. You can also find Web-only specials, closeouts, health videos and more. We are always updating our site with new products, so be sure to check it regularly! Go to www.cutcat.com.

Zeolite Detox Formula

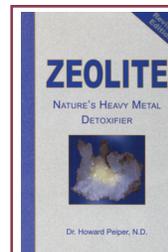


Gently detoxify with zeolite. Made from ground volcanic rock, it's one of the few minerals that's negatively charged, acting like a magnet to attract positively charged toxins (particularly heavy metals) away from the cells. **Read research studies on our Website, www.cutcat.com.** Choose from capsule or powder form. Caps also contain Vitamin B-12 and calcium. 90 capsules, 800 mg. each. Pure Zeolite powder can be mixed with water or juice. 16-oz. jar (440 grams) makes 88 servings. Gentle enough for children and pets.



Zeolite rock

Destroxin Capsules: List Price \$24.95, OUR PRICE \$20
Zeolite Pure Powder: List Price \$59.95, OUR PRICE \$54



Zeolite: Nature's Heavy Metal Detoxifier \$4.95

By Howard Peiper, ND

This booklet tells the story of zeolite and explains its health benefits, which include working on heavy metals and free radicals. Includes some of the research that's been done on zeolite. (43 pages)

HUMIC AND FULVIC ACID



Humate is extracted from this mineral-rich shale

Try this next time you have a virus! Humic acid comes from humate, a type of shale formed from fossilized plant matter. Humate aids in composting (breaking down other organic matter) and transferring nutrients from the earth to living organisms. It contains two elements: **humic acid** and **fulvates** (fulvic acid). Scientists have found that when humates are ingested, the humic acid places a coating around viruses, preventing them from adhering to cells. Fulvic acid acts as a mineral carrier and chelator, helping carry toxins away from your cells while speeding up the delivery of minerals and other supplements. Both acids are a rich source of nutrients, containing 75 minerals and amino acids for energy and overall wellness.



Vitality Boost

Pure humic acid in liquid form, in a filtered-water base. Can be mixed with water or juice. 32 ounces. Safe for pets.

List Price \$29.95, OUR PRICE \$24.95

Viral Immunity With Humic Acid \$4.95

By Howard Peiper, ND

Learn more about the powerful antiviral agent humic acid with this booklet that discusses its history, uses and research. (35 pages)

Energy Boost

Pure fulvic liquid in a filtered-water base. Can be mixed with water or juice. (\$5 extra shipping charge on gallon size.)

32 oz.: List Price \$29.95, OUR PRICE \$24.95

Gallon: List Price \$69.95, OUR PRICE \$59.95

Immune Boost 77

One of our best-selling supplements, Immune Boost combines humic and fulvic acids in convenient capsule form.

120 capsules, 600 mg.

List Price \$29.95, OUR PRICE \$19.95

Derma Boost Spray

Perk up skin and hair! Fulvic acid spray moisturizes, tones and tightens skin; reduces the effects of aging and sun; and works wonders on dry, lifeless hair. Unscented. 8 ounce-spray bottle or 2-ounce travel size.

8 oz.: List Price \$19.95, OUR PRICE \$16.95

2-oz. Travel Size: \$4

Vibrant & Clear Energy Wafers \$49.95



Increase mental clarity and restore energy! Each chewable berry-flavored wafer gives you the purest form of human cell membrane-matching phospholipids to repair and restore your cells. Vibrant & Clear Wafers offer 1200 mg. of a proprietary phospholipid blend. No artificial flavors. 60 wafers. **Buy three bottles and save more than \$8 each!** Note: Although the wafer itself is soy-free, the starting material used to cultivate the NT Factor Lipids is extracted from soy. **3-pack: \$124.90 (save more than \$8 each!)**

Supplement Boost Spray \$15.95



Energizing trace minerals in a convenient spray! Supplement Boost concentrated spray adds minerals that create electrolytes and raise the pH level of water and other beverages. **NEW!** Special formulation helps draw nutrients into the cells exactly where they are needed. Absorption of these trace minerals actually begins in the mouth and is not dependent on the digestive product to activate it! Great for all types of water, especially reverse osmosis and distilled. Can be used in hot drinks too. Add five pumps to your beverage; 2-ml. bottle yields 60 servings.

OXYGEN SUPPLEMENTS FOR CLEANSING AND ENERGY

Oxy-Cleanse Colon Conditioner List Price \$24.45, OUR PRICE \$16.99



A natural and gentle way to cleanse. Oxy-Cleanse works by releasing oxygen, which actually breaks down old impacted material from your colon. Each capsule contains magnesium peroxide infused with oxygen and ozone, plus Vitamin C and bioflavonoid complex to help the body convert magnesium peroxide to ozone. Also contains 25 mg. of sodium and gelatin. 75 caps.

Oxy-Max Oxygen Supplement List Price \$19.99, OUR PRICE \$15.99



Stabilized oxygen drops provide energy and stamina. Helps breathing at high altitudes; assists athletes with endurance, aerobic capacity and recovery. Nourishes cells to improve low oxygen levels. Add a few drops to perishable liquids like milk and they'll last longer. Contains sodium chlorite, sodium carbonate, 5 mg. sodium, water. 2-oz. drip bottle.

Oxy-Caps Oxygen Supplement List Price \$23.50, OUR PRICE \$17.50



Stabilized oxygen in capsule form. Provides energy and stamina; eases fatigue. Contains sodium chlorite, potassium carbonate, calcium citrate, 10 mg. sodium, 15 mg. potassium, 70 mg. calcium. 90 caps.

OxyLift Oxygen & Mineral Booster List Price \$27.99, OUR PRICE \$19.95



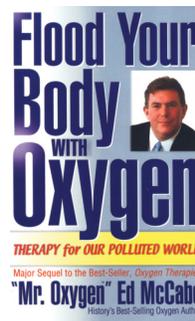
Special formula contains oxygen, major and trace minerals, enzymes and amino acids, all of which are necessary for good health. Oxygen pioneer Ed McCabe believes many illnesses can be traced to diminished intake of oxygen and nutrients. (See his book at right.) The proprietary blend of ingredients in OxyLift liquid concentrate is great for energy, digestion, elimination, tissue repair and to avoid low-oxygen conditions that could encourage disease. 1-ounce drip bottle.

Aussie Trace Minerals \$24.50 **IMPROVED FORMULA!**



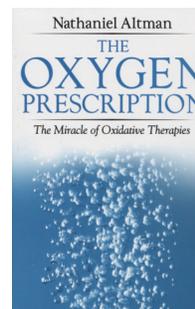
Did you know that blood plasma is chemically almost identical to ocean water? That makes sea-derived minerals the best choice! Sea minerals from Queensland, Australia are a natural source of 90 essential trace minerals. They contain the same basic mineral balance as sea water, but they have been concentrated through a natural solar evaporation process, and most of the sodium has been removed. The closely guarded harvesting location off the Great Barrier Reef ensures a pristine supply! This new formula is more concentrated than the previous one: One 8-ounce bottle provides 100 servings! Just half a teaspoon is packed with 750 mg. of minerals.

The statements in the supplements section have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure or prevent disease. Consult a physician before using these products.



Flood Your Body With Oxygen List Price \$29.95, OUR PRICE \$24.95 By Ed McCabe

Many scientists believe that disease is caused by a lack of oxygen at the cellular level. This book by "Mr. Oxygen" Ed McCabe covers this theory in detail and discusses different methods of increasing oxygen intake, including hydrogen peroxide, oxygenated water, breathing exercises, ozone and supplements. Discusses how oxygen therapy affects specific diseases. Revised. (591 pages)



The Oxygen Prescription List Price \$19.95, OUR PRICE \$16.95 By Nathaniel Altman

Comprehensive, up-to-date documentation on the healing benefits of bio-oxidative therapies such as ozone and hydrogen peroxide. How they work, what they can be used for, the latest scientific findings, and how to enhance the effectiveness of these treatments with diet, supplements and exercise. (254 pages)

Vectomega Omega-3 Fatty Acids List Price \$45.95, OUR PRICE \$36.75



The purest fish oil we have found! Vectomega is the only omega-3 that uses DHA and EPA in a biological form as it naturally occurs in salmon, without chemical alteration or additives. These are extracted using a patented, chemical-free process with natural enzymes and cold water. Other fish oils lose much of their nutritional value because they are refined and deodorized during extraction. This unique formula is more efficient and bioavailable because of its whole-food properties. 60 tablets.



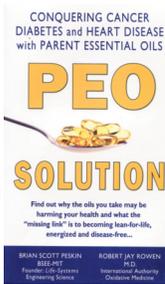
Y.E.S. Essential Fatty Acid Caps List Price \$49.95, OUR PRICE \$35

This special oil blend is a perfect balance of both types of omega acids. According to Brian Peskin, an expert on oils and their relationship to disease, there's solid evidence that omega-3 and omega-6 fatty acids—and taking them in the proper proportion—play a key role in our health. Y.E.S. (Your Essential Supplements) products have been formulated using this theory, with the correct mix of "parent" oils—the whole form of these two essential fats. (See book below.) Contains

PEO Solution \$27.50

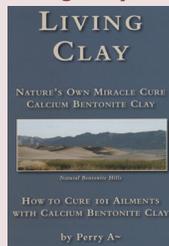
By Brian Peskin and Robert Jay Rowen, MD

NEW! Prof. Brian Peskin, an authority on plant-based oils; and Dr. Robert Rowen believe that Parent Essential Oils (PEOs) are a crucial part of our diet. Learn what they are, why they're important, the role they play in disease prevention, the dangers of processed fats, and more. (532 pages)



evening primrose, safflower, sunflower, flax, pumpkin and coconut oils (all organic). 120 gelcaps.

Living Clay: Nature's Own Miracle Cure

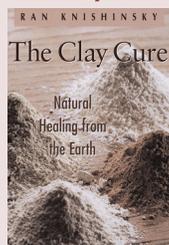


List Price \$19.95, OUR PRICE \$16.95

By Perry A

How to address 101 ailments with bentonite clay! This book covers the history of bentonite, how it works, how to use it for health and beauty (with an alphabetical list of conditions) both internally and topically, user testimonials, even how to use it in food. Several recipes are included. (180 pages)

The Clay Cure \$9.95



By Ran Knishinsky

Focuses on taking clay internally for better health. Covers different types of clay; how clay works in the body; how to use it for parasites, allergies, skin problems, arthritis, ulcers and other ailments; the science and history of clay eating; the importance of its mineral content; and more. (104 pages)

DISCOVER THE MIRACLES OF CLAY!

You'll love natural clay's healing properties and versatility! We carry three unique clay products, plus two books that help you use them.



Living Clay

A highly alkaline clay with a 9.7 pH! Living Clay® pulls out impurities, while its dynamic binding power captures and eliminates toxins. The green calcium bentonite's vibrant electromagnetic charge also stimulates cellular revitalization. Sealed by a two-foot layer of crystalline zeolite to keep it pure. Can be used both internally and externally. Uses include facials, bath soaks, wound healing and internal cleansing. 8 or 16 ounces.

8 oz.: \$12.95 16 oz.: \$19.95



TerraMin Mega-Mineral Supplement

This calcium-rich red clay is so special that astronauts use it to prevent bone-density loss in space! Also high in iron and silica, this clay (montmorillonite) contains



more than 50 other trace minerals and actually remineralizes while it cleanses! The fineness of the nano-sized colloids means faster absorption; the strong negative ionic charge adds toxin-removing power. Great for removing pathogens and heavy metals, and as a gentle colon cleanse. High pH helps moderate acidity. Hand-harvested from this company's private mine in California. Powder (2 lbs.) or tablets.

Powder, 2-lb. Bag: \$37.95 Tablets: \$39.95

Sacred Clay



This rare clay has an astonishing number of benefits, both when used on the skin and taken internally. A mineral-rich pyrophyllite from Oregon's Crater Lake, Sacred Clay is high in healing properties. Mix with water to make a paste for cuts, burns and insect bites; a mask for cleansing skin; or a poultice for



Oregon's Crater Lake provides this unique clay

muscle and joint pain. Put it in your bathwater for a detoxifying soak. Drink it (mix with water or juice) to help alkalize your body, absorb toxins (great for upset stomach!) or cleanse your colon. Powder form (two sizes: 1 or 2 lbs.) or 240 gelatin-free capsules.

8-oz. Jar: \$25
1-lb. Jar: \$40

Baxyl Hyaluronic Acid \$39.95



Our customers love this supplement for keeping joints supple! Hyaluronic acid (HA) occurs naturally not only in joints but in eyes and skin, acting as a hydrator. As we age, our bodies produce less HA. Including it in your daily regimen promotes mobility, maintains cartilage and enhances skin moisture. Baxyl contains more HA than other brands (30 milligrams per dose) and uses a formula with superior oral absorption and bioavailability. Its high molecular weight makes it more effective at repairing damage.

Many brands contain cockscomb (rooster's crest); this one has no animal parts. 6-oz. bottle lasts one month. **See our Website, www.cutcat.com, for research studies.**

Canyon Medicated Salve \$19.95

Heal cuts naturally! Powerful yet gentle salve helps



heal cuts, scrapes, insect bites, burns, blisters and more. Made with New Mexico-grown wild-crafted and organic herbs, including goldenseal, comfrey and calendula, plus essential oils, aloe butter and manuka honey. 2-ounce tin.

NEW FORMULA!

Stainless Steel Deodorant Bar \$12.95

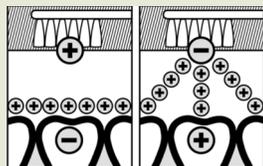
Save money on soap by using stainless steel!



This material neutralizes odors; great for removing strong smells such as onions, garlic and gasoline from your hands. Rub under your arms in the shower and you won't need deodorant! Doesn't wear out. You'll love this ecologically friendly product! Soap dish included.

hyG Ionic Toothbrush

This special toothbrush helps reduce plaque. The hyG Ion works on the principle that your teeth are negatively charged and plaque is positively charged: Opposites attract, so plaque adheres to teeth. The hyG's lithium battery gives a constant flow of positively charged ions that temporarily reverses your teeth's polarity. When this positive charge is sent to the teeth, they repel the positively charged plaque—which is then attracted to the negatively charged brush (see diagram). Push-button battery tester built into handle; just press to see if battery is still active. **Comes with five snap-on brush heads:** Toothbrush has a long-bristle brush; you can choose from long bristle or rounded bristle for the other four brush heads and for replacement brush heads.



Specify long or round-bristle brush heads when ordering.
One toothbrush: \$29.95
Two or more toothbrushes: \$26.95 each
Replacement Brush Heads (2-pack): \$8



Elmore Oil Pain Formula

This topical product gives you fast, long-lasting pain relief! Proprietary oil blend aids muscle and joint aches, arthritis, fibromyalgia, sciatica, back and neck pain, and more. Contains tea tree oil for germ-fighting and anti-inflammatory abilities, eucalyptus oil as an anti-inflammatory, and a special vanilla blend with circulatory benefits, carrying the active ingredients quickly to the pain source. Olive-oil base. Effects last up to six hours. Roll-on, 50 ml. (1.7 ounces) and 125-ml. (4.1 ounces) drip bottle.

NEW!

50 ml: \$16.95 125 ml: \$29.95



Canyon Moisturizing Lotion \$20

All-natural body and hand lotion is ideal for dry or sun-damaged skin, or just to refresh yourself after a shower. Formulated just for us by a master herbalist. 8-oz. pump bottle. Ingredients include comfrey leaf, licorice root, sesame oil, grapeseed oil, almond oil, sunflower oil, coconut oil, cocoa butter, shea butter, lavender oil. **See our Website for complete list.**

Guame Skin Cream \$30



This is one of the few skin products we've found that actually lives up to its claims. Made with

guame, a Mexican herb found in the Sonoran desert, this natural formula activates cell reproduction, actually



helping to grow new skin! Just a small amount gives your face a youthful, healthy glow. Eases conditions such as eczema, acne, minor scars and sunburn. Also contains horsetail butter, lanolin, tea tree and argan oils, grapefruit seed. Four ounces.



Ocean Glow Hair & Body Mist

Our customers love this refreshing spray, which contains sea kelp and essential oils for super hydration. Great for revitalizing dry skin; gives it a radiant glow! Enhances your hair's body and shine while detangling and softening. Kelp is a rich source of vitamins, enzymes, minerals and amino acids; Ocean Glow's unique juicing process ensures that these nutrients are retained. Mild lavender scent with a hint of rosemary. Two sizes: 4 or 12 ounces.

4-oz bottle: \$9.95 12-oz. bottle: \$19.95



Peri-Gum \$19.95

Works wonders on periodontal disease and other gum problems. Herbal extracts and essential oils stimulate healing, reduce plaque and bacteria, tighten gums and freshen breath. Peri-Gum users have actually avoided gum surgery! Contains echinacea, bloodroot, white oak bark, bayberry, cayenne, tea tree oil and peppermint oil in a base of spring water, alcohol (15–20%) and vegetable glycerin. 1 ounce.

Himalayan Salt Inhaler

NEW!



Ceramic (left) and plastic inhalers

An easy, drug-free way to breathe better! You may have seen ionic salt lamps, but we think we have found something even better: a salt inhaler! Salt therapy (also known as halotherapy or speleotherapy) for respiratory problems has been around for years. Salt rooms and salt spas are gaining in popularity, and Eastern Europe has clinics where patients sleep in an alcove carved from salt. Just fill inhaler with the included pink Himalayan rock salt (rich in minerals and trace elements!), inhale and breathe out through your nose. Using it a few times a day offers relief from allergies, asthma, colds, bronchitis and other respiratory issues. Ceramic or plastic. Plastic is more suitable for travel and has removable mouthpiece for easy cleaning and refilling, protective cap and drawstring bag. Both versions come with a 7.75-ounce bag of Himalayan salt crystals (a year's supply).

Ceramic Salt Inhaler: \$26.95 Plastic Salt Inhaler: \$29.95 Himalayan Rock Salt (7.75-oz. bag): \$12

SpaBuddy Pain Relief System \$129.95



Control muscle pain with electrotherapy. The Spa Buddy (formerly called the Body Relax) emits small electrical current (called a microcurrent) in a range of frequencies to gently treat sore muscles and tension.

It can be used anywhere on your body using the adhesive-backed electrode patches; and on your back using the padded waist belt with attached electrodes. Digital control features eight settings with 30 degrees of microcurrent intensity, adjustable timer, large LCD display and auto shutoff; measures 7"L x 6"W x 1½"D and weighs 8 ounces. Operates on three AAA batteries (included). Back belt fits waists up to 36" and comes with an extension for up to 42". (Caution: Do not use if you are pregnant or have heart arrhythmias.)

Replacement Body Electrodes, Pack of 8: \$17.99 Replacement Back Electrodes, Pack of 4: \$9.95 Electrode Gel (50 grams, approx. 1.7 ounces): \$11.95

These statements have not been evaluated by the Food and Drug Administration. These products are not intended as medical advice or to diagnose, treat, cure or prevent disease. Consult your practitioner before using.

SunFriend Sunlight Monitor \$49.99

NEW!



Here's an ingenious way of monitoring your sun exposure! We all need sunlight-induced Vitamin D to stay healthy, but we don't want to burn. This wristband tells you when you've reached maximum sunlight for your skin type. Simply set your numerical sensitivity level; when the lights flash, it's time for sunscreen. There's even a button that checks the day's UV index! No worries about reflective radiation off snow and water, or changing locations; the SunFriend senses the UV-A and UV-B and keeps track for you! **Bright blue or gray;** both have yellow band and accents. Adjustable size.



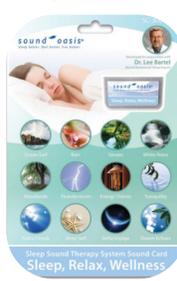
HealthStep \$69.95 Two or more, \$59.95 each Spend less time in the bathroom!

Until the mid-1850s, people squatted when nature called. Then the first toilet was invented—but it was not designed to support the abdominal area during elimination. Sitting upright causes excessive strain on the abdominal muscles and, more important, incomplete elimination or constipation. People often spend a long time in the bathroom because the sitting position makes elimination difficult. (For an article about this subject,

go to our Website, www.cutcat.com.) The HealthStep places the body into a more natural position that is similar to a squat. Sturdy plastic step has slanted footrests that allow you to sit in the proper position. Fits around toilet base. FDA-approved. **\$14 ship charge.**

Sound Oasis Therapy System \$79.99

Sleep better with natural, clinically proven sound therapy!



Developed by Dr. Lee Bartel, an expert in music and health, Sound Oasis not only blocks noise, it creates a calming atmosphere to help you wind down at the end of the day. Comes with two sound cards: one Sleep, Relax and Wellness card and one Spa Retreat card. Whether it's playing ocean surf, songbirds, wind chimes or soothing music, this system takes sound machines to a whole new level! Features alarm clock that lets you wake to any of the sounds, pause/resume button that repeats your last played sequence, variable-brightness LED, timer and headphone jack. Powered with included adapter or four "AA" batteries (not included).



Therasage Far-Infrared Heating Pads

Once you experience this soothing heat, you'll be hooked!

Whether you have chronic aches or are recovering from an injury, Therasage pads can help you. Far-infrared heat penetrates deeply into joints, muscles and tendons for faster pain relief. This type of heat is warm enough to feel soothing, but not so hot that you can overheat or burn yourself. Pads also contain large pieces of jade, one of the best natural conductors of FIR heat and an emitter of refreshing negative ions.



These soft, flexible pads can be placed on any part of the body. Hold it flat, roll it around your arm or leg, or lie on it.

Adjustable remote with nine heat settings

and auto-off timer. Five sizes: Mini heating pads (photo left) come

in Square (measures 8" x 10" with 15

pieces of jade) and Oblong (4" x 13", 8 pieces of jade).

Oblong is padded for extra comfort and is best for the

lower back and neck. (Note: Oblong is the only size that is not flexible.) Minis have 20-foot cord and adjustable Velcro™ strap; regular sizes



have 12-foot cord. Small (top photo) measures 14"W x 20"L with 54 pieces of jade; Medium is 21" x 30" with 126 pieces of jade; Large is 24" x 70" with 429 jade pieces. **(People with certain health issues should not use these pads; see our Website for a list, or call us.) Restock fee of 15 percent on returns.**

Small: List Price \$165, OUR PRICE \$150

Medium: List Price \$255, OUR PRICE \$230

Large: List Price \$655, OUR PRICE \$595

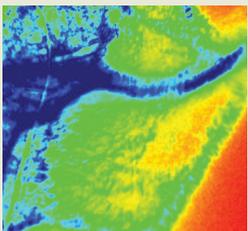
Mini Oblong: List Price \$80, OUR PRICE \$70

Mini Square: List Price \$90, OUR PRICE \$80

See page 35 for new Therasage Pet Pads!

Why Is Far-Infrared Heat Better?

Conventional heat sources warm only the outer layers of the skin, penetrating only up to 3mm (³/₂₅ of an inch). Infrared heat penetrates more deeply—up to three inches. Blood flow increases to the affected area for faster healing and pain relief. In a regular sauna, convection (air currents) and conduction (contact of the hot air on skin) produce temperatures of 180° to 235°F. This excessive air heats skin only superficially. Infrared saunas heat objects directly without heating the air in between, making them more efficient at entering the body. Less than 20% of infrared energy heats the air, leaving more than 80% to be directly converted to heat in our bodies at temperatures ranging from 110° to 150°.



Therasage Far-Infrared Shoulder Pad

List Price \$165, OUR PRICE \$150

Soft, flexible "Perfect Pad" is designed specifically for the shoulder, neck and upper back area. Contains

tourmaline, which conducts FIR heat and emits negative ions. Drapes around neck with Velcro closure.



Therasage Far-Infrared Belt

List Price \$195, OUR PRICE \$175



Belt gives you the benefits of the Therasage Heating Pad without being tethered to a power cord. "Charge 'n' Go" feature for portability with

rechargeable lithium battery. Ion-rich tourmaline is woven into the fabric. Battery charges in 15

minutes and lasts 2–3 hours. Inside pocket holds keys; comes with charger and carry pouch. Black neoprene/polyester blend.



TherAid Infrared Bandage \$20

Why use a regular Ace™-type bandage when you can use one that emits far-infrared heat? Jade and

bioceramics are ground into

powder and layered in between the fabric.

This combination gives off ions and harnesses the body's energy in the form of infrared heat. Increases circulation and reduces pain. 3"W x 54"L. Velcro™ closure. White. (This item is not returnable.)



Therasage Portable Far-Infrared Sauna \$600



NEW MODEL!

Portable infrared sauna is ideal for small spaces. Inside is coated with carbon-fiber panels and studded with discs of tourmaline, which helps distribute heat and emits negative ions for fresher air. Auto-shutoff timer for extra safety. Two handy front pockets can hold the controller or your TV remote. Takes less than 10 minutes to reach up to 150°. Cover has zippered openings for hands and Velcro closure for neck. Foot pad lets you send heat

directly to your feet! Takes just a few minutes to set up and break down; folds flat for storage and travel. Comes with two terrycloth neck collars that zip off for easy cleaning, carry case and canvas-and-metal folding chair. Measures 26"W x 40"H x 34"D; weighs 24 lbs. without chair. (Shipping: \$40. Not returnable.)





Needak Rebounders

You won't find another way to exercise that's this fun and this healthy! When NASA studied the rebounder (mini-trampoline) for use in its astronaut training program, it discovered that users expended up to 68 percent more energy than with jogging. Every cell in the body gets exercise from the gravitational forces (also called G-forces) that are applied during jumping; research has shown that high G-forces strengthen cells and the lymph system. There's also greatly reduced risk of the stress injuries that can result from many other forms of exercise. **Cheap rebounders from big-box stores simply can't compete on quality!** Needak's mat is made of a sturdy



material called Permatron, attached to a heavy steel frame with 36 durable springs. Legs fold under for storage under a bed or behind a door. Choose Hard Bounce for firmer bounce or Soft Bounce for gentler action. Optional stabilizing bar gives extra support. Measures 40" Diam. x 10"H. Includes spring lubricant and two DVDs. Warranty: 10 years on frame, 5 years on mat, 1 year on springs. Black or blue. (Also see our Website for models that fold in half for traveling.)

Soft Bounce: List Price \$324, OUR PRICE \$280

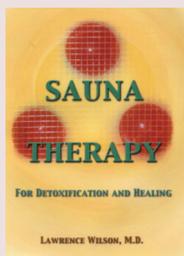
Hard Bounce: List Price \$359, OUR PRICE \$315

Stabilizing Bar: List Price \$85, OUR PRICE \$72

Shipping: Regular Model, \$39; Folding Model, \$29

Stabilizing Bar: \$7 additional with Rebounder, \$15 separately

Books On Sauna Therapy



Sauna Therapy

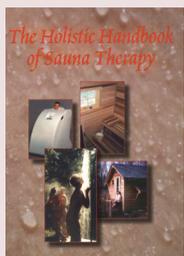
List Price \$19.95, OUR PRICE \$16

By Lawrence Wilson, MD

Learn about the health benefits of saunas and how they can be used to detoxify and heal the body. Covers the use of saunas to address specific conditions, integrating sauna therapy into a total health program, safety precautions,

handling detox reactions, even how to build your own electric-light sauna. (167 pages)

The Holistic Handbook Of Sauna Therapy \$34.95



By Nenah Sylver, PhD

This comprehensive manual includes the history of saunas, different types of saunas, usage guidelines, health conditions that can be helped with this therapy, detoxification programs to accompany sauna use, how to build a sauna, and much more. Full of useful information on how and why this protocol works and how to use it effectively. (335 pages)

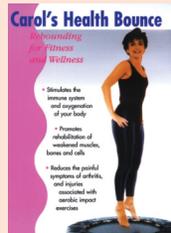
Books On Rebounding

The New Miracles Of Rebound Exercise \$12.50



By Albert E. Carter

The "how" and "why" of rebounding. Tells the complete story of its evolution and the science behind it, gives you specific exercise programs to follow and discusses how to measure your fitness improvement. (170 pages)



Carol's Health Bounce DVD \$23.95

By Carol Brophy

Carol found that rebounding reduced her arthritis and fibromyalgia symptoms by 90 percent. She demonstrates a progressive, low-impact workout that will help you feel stronger and healthier. (30 minutes)

Befit Back Support \$15.95 2 or more, \$13.95 each

Sit comfortably wherever you go!



This lightweight yet sturdy backrest is the ultimate in lumbar support! Perfect for home, office, car and travel. Conforms to the curve of your spine so you sit upright effortlessly, without placing stress on your back. Mesh design keeps your back cool; strap lets you secure the supporter to a chair or car seat. **Buy more than one and save!**

We Want To Hear From You!

People often ask us how we find our products. While we have many ways of sourcing new items—including trade shows, books, magazine articles, and solicitations from vendors—one of our best sources is you! Our customers often call and tell us about a new item they've heard about or tried; some of these products end up in our catalog. So feel free to send us your suggestions by calling us at (800) 497-9516, or e-mailing us at cutcat@cutcat.com.

Gift Certificates

Give a Cutting Edge gift certificate for birthdays, holidays or any special occasion! They can be purchased in any denomination and are redeemable for any item in the catalog, on our Website or in our showroom. They never expire! A catalog will be included if you choose a paper certificate, or you can send an electronic gift certificate. Order them online or by calling us at (800) 497-9516.



Photoelectric Smoke Detector

Radiation-free smoke detectors are better for your health! If you have read John Ott's book, *Light, Radiation, & You* (page 21), you know that certain types of smoke detectors contain radioactive substances that can weaken the body. But you can still be protected with a non-ionizing (photo-electric) smoke detector; the First Alert detector contains no radioactive materials. Choose from a battery-operated



model (comes with 9V battery) and an AC-powered (hard-wire) unit for homes that have smoke detectors connected to the building wiring. AC-power model has battery backup in case of an electrical power outage. Both models feature test button, blinking power indicator and audible low-battery warning. Mounting hardware included.

Smoke Detector, Battery Model: \$24.95
Smoke Detector, AC Model: \$34.95

PurEco Chemical-Free Dryer Sheets \$16.95



If you're chemically sensitive or just don't like scent, then you probably haven't been able to use dryer sheets because of their heavy fragrance. Now you can! These chemical- and odor-free cloths eliminate static cling, soften fabric and reduce wrinkles. Best of all, they're reusable! Two sheets (use them together for best results) will last for 500 dryer loads, making these much more economical (and eco-friendly) than disposables. Made of polyester and nylon. Machine washable. Box of two.



Soap Nuts Detergent Substitute
Wash your clothes without detergent—for less money! Soap Nuts are the dried fruit of the Nepalese soapberry tree (similar to the lychee). When the nuts get wet, they release saponin, a natural cleaner. Simply put a few soap nuts into the included cotton sack and drop it in your laundry. Your clothes come out clean, vibrant and soft. Can be used on all fabrics and colors; won't leave any scent on clothes. You can even

use the nuts to make a liquid concentrate that makes a great cleaner when mixed with water. Per-load cost is a fraction of detergent! (Note: This product is a fruit, not a nut, and is safe for people with nut allergies.) Trial bag does 4 to 6 loads; 8-ounce bag does 87 loads; 1.1-lb. bag lasts for 175 loads.

Trial bag of four nuts, \$2.50; 8-ounce bag, \$11.95; 1.1-lb. bag, \$19.95

Ashley's Green Mystical Cleaner



A hypoallergenic cleaner that's perfect for sensitive people. The customer who told us about this product said it was the only cleaner she could use without feeling sick! We tried it and sure enough, it took off our carpet stains. Then we used it on our clothing and we were amazed at how well it worked! Gentle on fabrics and leaves no residue. Works on tough-to-remove substances such as lipstick, wine, grease and ink. Also works on glass. Two sizes. (See page 35 for Ashley's Flea Control.)
16 ounces, \$7.50; 32 ounces, \$12.50

MQ7 Chemical-Free Insect Repellents



Get rid of pests without chemicals! All MQ7 products are made with a modified form of cedar—an effective, natural insect repellent. The formulas eradicate adult insects and also penetrate the insect's eggs. Safe to use around children and pets; pleasant cedar odor.

Zybug Bedbug Spray \$21.95

Stops a bedbug in its tracks within 40 seconds! Treat beds, luggage and more. 16-ounce spray bottle.

Indoor/Outdoor Insect Control \$7.95

Works on fleas, chiggers, mites and ants. Spray around cupboards, closets, sinks, trees, flowers, and more. 24-oz. spray bottle.

"Cedar Green" Moth Control \$7.95

This mixture has a higher concentration of cedar to control moths and prevent them from laying eggs. 16-oz. spray bottle.

Mosquito Repellent \$7.95

DEET-free, non-greasy repellent keeps mosquitoes at bay. 4-ounce spray bottle.

Oko-Clean Cloths \$9.95



(Clockwise from top left):
 Universal Cloth, Cleaning Mitt,
 Duo and Dust Mitt.

Oko-Clean lasts longer and cleans better than other microfiber cloths! Patented technology has millions of tiny fibers in different sizes, shapes and lengths. Fibers actually hold onto dirt and grime instead of spreading it around. Just wet and wipe; machine washable. Four styles:
Universal Cloth: Gentle enough for glass, mirrors and other

delicate surfaces. Also works on furniture, walls, woodwork, granite.

Cleaning Mitt: Rougher cloth for bathroom and kitchen tile, grout, and other hard-to-clean areas. Great for heavy dirt.

Duo Cloth: Universal Cloth and Cleaning Mitt in one cloth.

Dust Mitt: For furniture; attracts and holds dust. Fits over hand.



SHUZI PET PRODUCTS

You protect yourself from harmful fields; why not protect your best friend too? Shuzi pet products are embedded with the company's patented chip, which strengthens your pet's biofield, increasing his resistance to the effects of stress and EMFs. Shuzi's Nano Vibration Technology (NVT) uses subtle vibrational frequencies programmed at the nano (molecular) level. These frequencies resonate with your pet's own vibrations. Available in tags and new dog and cat collars!

Shuzi Pet Collars \$59.95



Nylon dog collar with Shuzi chip, black clasp and collar ring for your furry family member. Two sizes: Medium is 5/8" wide, adjustable from 14 to 20;" Large adjusts from 18 to 26" and is 1" wide. Purple or black.
Cat collar with Shuzi chip is made of black nylon with red clasp in the shape of a cat face. Adjustable from 6 1/2 to 12 inches; comes with detachable red bell. Width .43 inch.
Dog Collar Medium, Black or purple
Dog Collar Large, Black or purple
Cat Collar (one size), Black

Shuzi Pet Pendants \$59.95



Brushed stainless-steel pet tags with Shuzi chip are available in heart-shaped or rectangular pendant with paw-print design and collar ring.



Ashley's Green Flea Treatment \$7.95

This non-toxic liquid is the safe way to keep fleas at bay! Ashley's Green "Pet Pride" Flea Treatment is taken internally: Just mix with water; one tablespoon makes one quart of active liquid. Then add the mixture to your pet's food or water. It works through your pet's bloodstream, causing the blood and skin to become offensive to fleas and ticks (but not people)! Made with garlic and vinegar. 16 ounces.

MQ7 Flea & Tick Spray \$13.95

Why use chemical-laden flea collars when you can spray your pet with cedar? This formula from MQ7, maker of natural pest-control products for the home (see page 34), has a high concentration of cedar for combating fleas, ticks, mosquitoes and other pests. Can be used on dogs and cats. 8-ounce spray bottle.



Therasage Infrared Pet Pad \$115

NEW!



Your pet will love this gentle infrared heat!

Therasage's jade infrared technology has been adapted for this new pat pad. Water-resistant, flexible pad with vinyl cover measures 15.5" W x 12"L. Features remote control for time and temperature, 12-foot power cord, auto shutoff and pet-safe low-voltage technology. Includes car adapter so your pet can even use the pad when you travel! Great for arthritis and other joint problems. (See page 32 for Therasage "people pads.")

Magneto Pet Pads



Animals love the energy from these magnetic pads! Just like the regular bed pads (page 18), these are available in Classic (5-Gauss field) or Core (10-Gauss field). The pet pads also come in two thicknesses. The 1 3/8" pad should be placed underneath the dog's

regular bed, as long as the bed is at least 3" thick. This allows for the proper distance between your pet and the magnetic field. The 3 3/8" pads can be used alone and have foam on top of the magnet core. All pads have a removable, washable denim cover. Custom sizes available; call for pricing. Shipping varies by weight and shipping location; call for quotes.

MAGNETICO CLASSIC PET PAD (5-GAUSS FIELD)

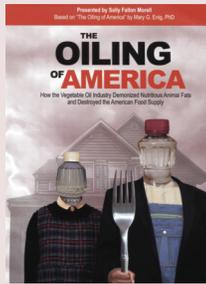
Size	Thickness	# of Magnets	Price
14" x 20"	1 3/8"	36	\$65
14" x 20"	3 3/8"	36	\$85
16" x 24"	1 3/8"	48	\$88
16" x 24"	3 3/8"	48	\$115
20" x 36"	1 3/8"	92	\$165
20" x 36"	3 3/8"	92	\$215

MAGNETICO CORE PET PAD (10-GAUSS FIELD)

Size	Thickness	# of Magnets	Price
14" x 20"	1 3/8"	72	\$130
14" x 20"	3 3/8"	72	\$149
16" x 24"	1 3/8"	98	\$178
16" x 24"	3 3/8"	98	\$205
20" x 36"	1 3/8"	185	\$335
20" x 36"	3 3/8"	185	\$385

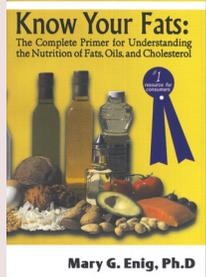
Other products suitable for pets include Diatomaceous Earth, page 26; and Zeolite powder and Vitality Boost supplement, both on page 27. See our Website for Woundade spray for cuts and infections.

The Oiling Of America (DVD) \$19.95



By Sally Fallon Morrell

Based on research by Mary Enig, PhD (see *Know Your Fats*, below), this presentation by the president of the Weston A. Price Foundation is subtitled "How the Vegetable Oil Industry Demonized Nutritious Animal Fats and Destroyed the American Food Supply." She covers how statistics can be manipulated, myths about saturated fat causing high cholesterol, and how the vegetable oil industry has perpetuated this belief. (Two hours)

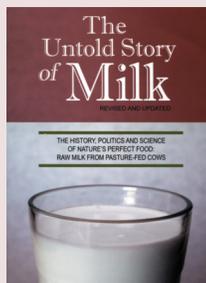


Know Your Fats

List Price \$29.95, OUR PRICE \$26.95

By Mary Enig, PhD

Dr. Enig provides a broad, in-depth discussion of the many aspects of dietary fats and oils in our foods and how they affect our bodies. Covers the relationship between fat intake and health, as well as the many myths behind fats. (334 pages)



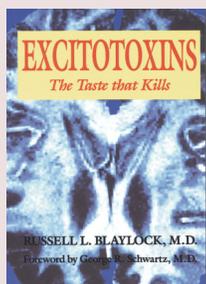
The Untold Story Of Milk

List Price \$25, OUR PRICE \$16.95

By Ron Schmid, ND

Starting with the role of milk in early American life and the laws on mandatory pasteurization, Dr. Schmid tells the story of milk, explains the benefits of drinking raw milk and details the attempts by the mainstream dairy industry and government to keep

it off the market. He also discusses the false beliefs about animal fats and heart disease. This book will change the way you think about "nature's perfect food." (492 pages)

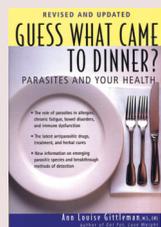


Excitotoxins: The Taste That Kills

List Price \$17.95, OUR PRICE \$16

By Russell L. Blaylock, MD

Find out how monosodium glutamate (MSG), aspartame (NutraSweet®) and similar substances can harm the brain and nervous system; and their relationship to neuro-degenerative diseases such as Alzheimer's and Lou Gehrig's disease (ALS). (265 pages)



Guess What Came To Dinner?

List Price \$16, OUR PRICE \$13.95

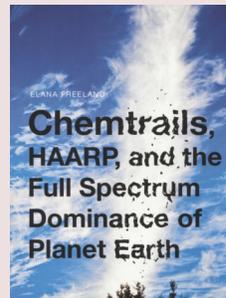
By Ann Louise Gittleman

Subtitled *Parasites and Your Health*, this revised edition is important reading; parasites are much more frequent than most people suspect. Covers diagnosis, treatment and prevention of parasitic illnesses. (194 pages)

See individual product sections in the catalog for books on other topics such as water, light and color therapy and EMFs. Most of our books are discounted at 10 percent or more off list prices.

Chemtrails, HAARP, And The Full Spectrum Dominance Of Planet Earth

List Price \$21.95, OUR PRICE \$17.95



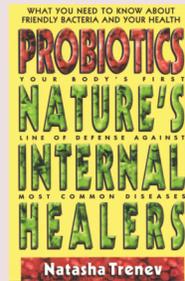
By Elana Freedland

This hot-off-the-presses book tackles a subject that's been on our customers' minds for several years—chemtrails. Many people are concerned about the effects of these visible white plumes released from airplanes. The book also delves into HAARP (High-Frequency Active Auroral Research Program), the military program that uses high-powered radio frequency transmitters to beam waves into the ionosphere. Using meticulous research, the author skillfully establishes a connection between the two, explores how extreme weather is being "geo-engineered" to enrich military advantage and intimidate nations, and discusses the health and environmental effects. (272 pages)

NEW!

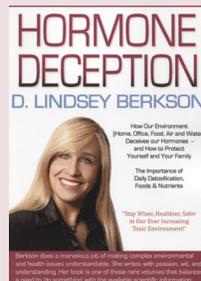
Probiotics: Nature's Internal Healers

List Price \$16, OUR PRICE \$11.95



By Natasha Trenev

The founder of probiotic company Natren documents the importance of friendly bacteria to overall health and the importance of taking probiotics. Your immune system cannot function at its best without probiotics. You will learn what friendly bacteria are, what they do and, most importantly, how to choose the most potent brands. (250 pages)



Hormone Deception

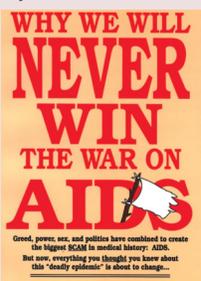
List Price \$19.95, OUR PRICE \$17.95

By D. Lindsey Berkson

An important work that discusses how everyday items, from foods to plastics and other common household products, can disrupt your hormones (and those of your children and even their children!) These toxins can scramble your DNA and cause infertility, endometriosis, fibroids, cancer and other health problems. The book includes valuable suggestions on how to avoid or reduce your exposure to these toxins, substitutes for dangerous products, and nutritional advice. (464 pages)

Why We Will Never Win The War On AIDS \$20

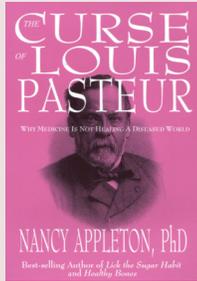
By Brian J. Ellison and Peter H. Duesberg



A revolutionary work that puts the virus-hunting craze in historical perspective. Starting with the story of the 19th-century "germ hunters," who ascribed most medical problems to germs, the authors show how today's medical research bureaucracy developed, explain their theory that AIDS is not caused by HIV, and addresses the politics of AIDS. Out of print and hard to find in new condition! (292 pages)

The Curse Of Louis Pasteur

List Price \$11.95, OUR PRICE \$9.95



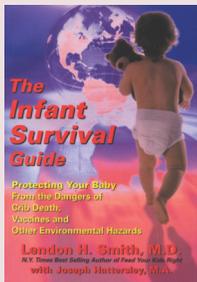
By Nancy Appleton, PhD
The story of how Louis Pasteur's germ theory came to be accepted and how it still persists in spite of evidence that it is not "germs," but the body's internal environment, that causes and prevents disease. Learn the real causes of illness; why some people recover easily and some don't; how you can resist disease; nutrition plans to enhance health, and much more. (196 pages)

FOWL! Bird Flu: It's Not What You Think

List Price \$24.95, OUR PRICE \$18.95



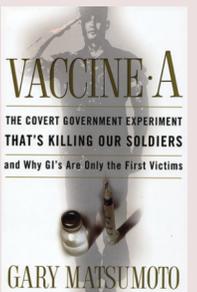
By Sherri Tenpenny, DO
This book will change your perceptions of environmental policy, the pharmaceutical industry and the government's role in the dissemination of public health information. Its core premise: Dioxins and other chemicals are contributing to the toxic load in chickens, other birds and humans, making them more susceptible to bird flu and other viruses. FOWL! examines the possibility of mandatory vaccination and exposes how drug companies, chemical makers and agribusinesses are not separate industries but function more as sister enterprises, working together for mutual benefit, profit and power. (295 pages)



The Infant Survival Guide

List Price \$14.95, OUR PRICE \$13.50
By Lendon H. Smith, MD and Joseph Hattersley
How to protect your baby from SIDS (sudden infant death syndrome, or "crib death"), vaccines and environmental hazards. A must book for new parents. SIDS is a terrible family tragedy and the leading cause of death in the first year

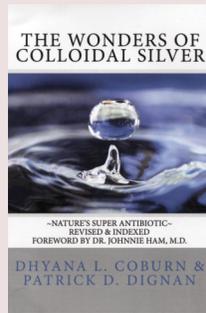
of life. *The Infant Survival Guide* explains how it happens and describes a simple, proven prevention method that has been used by tens of thousands of families in New Zealand with a success rate of 100%! (224 pages)



Vaccine A

List Price \$25, OUR PRICE \$13.95
By Gary Matsumoto
If this were a novel, you wouldn't believe it! It's the story of how our government covertly used squalene oil to make anthrax vaccine more potent, and used it on the U.S. military even though they knew it wasn't safe. Many members of our armed forces have since developed autoimmune diseases; some have died.

Even as the physician who discovered the deception came up with more evidence, the government continued to deny that the vaccine even existed. More vaccines with squalene are currently in development. (Hardcover, 362 pages)

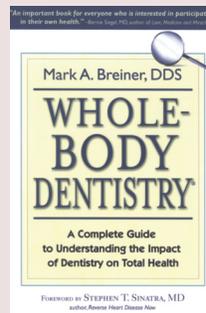


The Wonders Of Colloidal Silver: Nature's Super Antibiotic

List Price \$17, OUR PRICE \$14.99
By Dhyana L. Coburn and Patrick D. Dignan

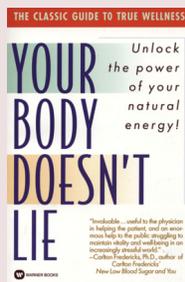
NEW!

A practical guide to the value of "nature's super antibiotic" and its many uses, including health, household applications, pet care and plants. Information on colloidal silver's history, suggested protocols, how to use it safely, consumer testimonials, and more! Third edition. (203 pages) (See our Website for colloidal-silver makers.)



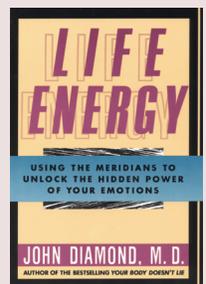
Whole-Body Dentistry

List Price \$21.95, OUR PRICE \$19.95
By Mark Breiner, DDS
The teeth are connected to the body in ways you may not realize. Whether it's mercury fillings, infections from root canals or cavitations from teeth extractions, all have a profound effect on the body. This revised and expanded 6th edition is more than twice the length of the previous version, with new research, charts and illustrations. (496 pages)



Your Body Doesn't Lie \$6.99

By John Diamond, MD
When customers call us for information, the question they ask most often is, "How will I know if this product is right for me?" Kinesiology (also called muscle testing) is one way to answer that, but you can also do much more with the technique. Learn how you can test yourself, and how people can test each other for strong or weak responses to stimuli. (208 pages)



Life Energy

List Price \$12.95, OUR PRICE \$10.95
By John Diamond, MD
This follow-up to *Your Body Doesn't Lie* is an expanded guide to kinesiology. Learn how to use the method to answer questions, handle stress, deal with negative emotions, maintain good health and lots more. Includes case histories. (252 pages)



Dressed To Kill

List Price \$15.95, OUR PRICE \$12.95
By Sydney Ross Singer and Soma Grismajler
Exploring the link between breast cancer and bras, the authors discuss their theory that bras suppress the lymphatic system, causing toxins to accumulate in the breast tissue. Wearing bras all the time (some women even sleep in them), coupled with environment and lifestyle, can help explain the breast cancer phenomenon. You may never look at this garment in quite the same way again! (192 pages)



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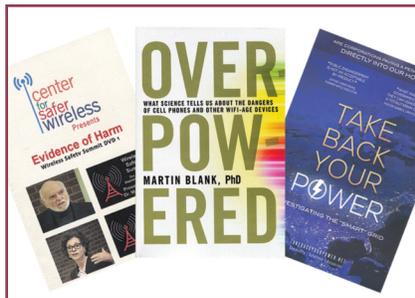
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**Wi-Fi Warnings:
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**Soothing Showers:
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